

Plough to Plate

source of the finest foods

Online Brochure



Welcome to Plough to Plate

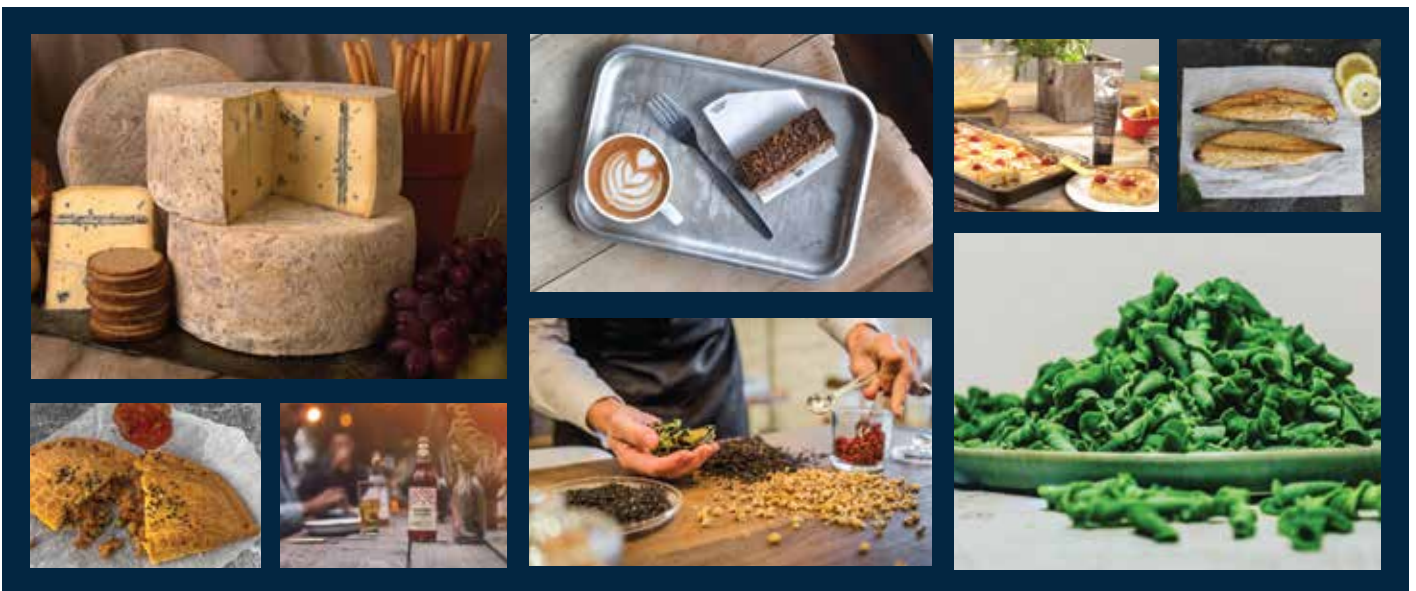
Since its creation in 1856, WestCountry Fruit Sales has maintained a proud reputation for delivering excellence to its professional foodservice and retail customers across Cornwall and Devon.

As the oldest and largest specialist wholesaler of the finest fresh produce in Cornwall and Devon, we have developed an unrivalled local network of dedicated high quality growers of seasonal fresh produce, as well as direct supply networks from all the national and international fresh produce markets.

Operating seven days a week, with no minimum order value and no delivery charge, from three depots strategically located across Cornwall and Devon. We are passionate about what we do and our team of highly experienced, knowledgeable staff are dedicated to providing every one of our customers with the highest levels of satisfaction every day, no matter how large or small they may be.

We are delighted to present to you this range of over 1,000 products which reflects all that is special and unique to our region. Hand crafted ranges from artisan bread and craft beers, through to locally produced charcuterie, preserves and confectionery.

Plough to Plate is the 'Fine Food' arm of WestCountry, championing small scale, local producers from the Southwest. Driven by a passion for unearthing the most interesting and innovative food and drink products, Plough to Plate represents our curated range of specialist, artisanal, locally produced fine foods.



Producers A-Z

A

Artisan Malt Vinegar 5

B

Baked to Taste 53

Bee Special 6

Bell & Loxton 6

Boddington's Berries 7, 8

British Cured Pilchards 9

Burts Potato Chips 10, 11

Buttermilk Confectionery 12-14

C

Chocolarder 14, 15

Chunk of Devon 54

Colwith Farm Distillery 70, 71

Copperfish Distillery 71, 72

Cornish Cheese Co. 55

Cornish Chilli Co. 16

Cornish Chillies Limited 17

Cornish Gouda Co. 56

Cornish Ketchup Co. 18, 19

Cornish Larder Co. 20, 21

Cornish Moonshine Co. 22

Cornish Spring Water 72

Cornish Olive Stall Co. 23, 24

Cornish Orchards 73, 74

Cornish Sea Salt Co. 25

Cornish Seaweed Co. 26

Cornish Tea & Coffee Co. 75, 76

Cornwall Pasta Co. 27

Country House Foods 56

D

Deli Farm Charcuterie 57

Dynamite Valley Brewery 76, 77

E

Exploding Bakery 58, 59

F

Firebrand Brewing Co. 78, 79

Fowey Valley 79, 80

Freda's Peanut Butter 28

Furniss 29-31

G

Get Fruity 32

Gusto Organic Drinks 81, 82

H

Halzephron Herb Farm 32

Hard Pressed Oils 33

High Point Drinks 83

Hobbs House Bakery 60, 98

Homecrafts Preserves 33

J

Jolly's Drinks 83, 84

K

Kernow Confectionery 34, 35

L

Langleys Chocolate 36, 37

LittlePod 38, 39

Lizard Ales 84

Luscombe Drinks 85

M

Made Marion 61

Mr Filbert's 40-43

N

Namoh Curry Sauce 43

Navas Tonic 86

O

Old Manor House 61

P

Padstow Cheese Co. 62

Peck & Strong 62, 63

Pentire 87

Polgoon 88, 89

Portreath Bakery 64

Q

Quicke's Traditional 64, 65

R

Rebelicious Drinks 90

Rod & Ben's 66

S

St Austell Brewery 90

St Ewe Eggs 44

Sarah & Finn's 45

Simply Cornish 45

Sisley's & Crellow 46

South Devon Chilli Farm 47

T

Tan Dowr Vodka 91

Terras Farm 48

Touchwood Cider 91

Tregida Smokehouse 67

Tregothnan Estate 92, 93

Treveador Farm Dairy 68

Truffle Hunter 49

W

Westcountry Tea Co. 93, 94

Whalesborough 68

Farmhouse Cheese

Willie's Cacao 50, 51

Ambient Range

A stunning selection of artisan foods handmade by passionate small producers dedicated to creating unique and inspiring products using local ingredients where possible.

A		F		N	
Artisan Malt Vinegar	5	Fredda's Peanut Butter	28	Namoh Curry Sauce	43
B		Furniss	29-31	S	
Bee Special	6	G		St Ewe Eggs	44
Bell & Loxton	6	Get Fruity	32	Sarah & Finn's	45
Boddington's Berries	7, 8	H		Simply Cornish	45
British Cured Pilchards	9	Halzephron Herb Farm	32	Sisley's & Crelow	46
Burts Potato Chips	10, 11	Hard Pressed Oils	33	South Devon Chilli Farm	47
Buttermilk Confectionery	12-14	Homecrafts Preserves	33	T	
C		K		Terras Farm	48
Chocolarder	14, 15	Kernow Confectionery	34, 35	Truffle Hunter	49
Cornish Chilli Co.	16	L		W	
Cornish Chillies	17	Langleys Chocolate	36, 37	Willie's Cacao	50, 51
Cornish Ketchup Co.	18, 19	LittlePod	38, 39		
Cornish Larder Co.	20, 21	M			
Cornish Moonshine Co.	22	Mr Filbert's	40-43		
Cornish Olive Stall Co.	23, 24				
Cornish Sea Salt Co.	25				
Cornish Seaweed Co.	26				
Cornwall Pasta Co.	27				





Artisan Malt Vinegar

The world's finest malt and fruit vinegars, hand crafted in Cornwall. Slow-fermented and oak-matured in barrels for a rich, mellow acidity. Use them as you would any fine vinegar or, of course, to add a touch of class to chips!

Artisan Malt Vinegar

Balanced with rich malty flavours you might expect to find in a fine cask ale. Notes of caramel, dark chocolate and oak. No ordinary malt vinegar.

Cruets available on request

12 x 250ml & 5 Litre



Flavoured Vinegar

Artisan Mead
Strawberry
Cider
Damson & Sloe
Raspberry
Blackberry

12 x 250ml

Mixed Box

Contains 2 bottles each of the flavoured vinegar varieties

12 x 250ml





Bee Special

Tamsin Harris is based in Leedstown near Hayle and has been caring for her bees since 1997. A member of the Bee Farmers Association she now has over 100 hives across 12 Cornish apiaries each producing their own unique flavour from the wild flowers around them.



Clear Honey

227g

Set Honey

227g



Bell & Loxton

Bell and Loxton cold pressed rapeseed oil is grown, pressed and bottled on the family farm with full traceability. Consistently producing award winning oil year on year with Great Taste, Food and Drink Devon and Taste of the West awards, this versatile oil can be used for dressings, dipping, stir-fries, roasting and baking. It is a delicious healthy alternative to other culinary oils with half the saturated fat of olive oil, naturally rich in omega 3 and a good source of Vitamin E.



Cold Pressed Rapeseed Oil

12 x 500ml & 5 litre

JAM-PACKED, REDEFINED...



syrup

citrate

acid

pectin

VS



lemon juice

sugar

now we're
talking

jam.



SALSA
Safe and Local Supplier Approval
SALSA Site Code: 863





Boddington's Berries

The Boddington family have been growing strawberries in Mevagissey since the 1940s. In the year 2000 Phil Boddington and his wife Louise, diversified into preserves using their own fruit. Cooking in the house with a traditional recipe, Boddington's Strawberry Conserve began, containing only strawberries, sugar and a splash of lemon juice and has remained the same ever since. Today the range includes marmalade, chutney, strawberry vinegar and seasonal specials.

Apple Chutney

6 x 227g & 3.5kg
Plastic Portions 80 x 28g

Caramelised Red Onion Relish

6 x 227g & 1.3kg
Plastic Portions 80 x 28g

Orange Marmalade

12 x 113g, 6 x 227g, 9 x 340g & 3.5kg

Strawberry Vinegar

8 x 250ml

Jam

Blackberry

12 x 113g & 6 x 227g
Portions Glass 50 x 28g & Plastic 80 x 28g

Raspberry

6 x 227g, 9 x 340g & 3.5kg
Portions Glass 50 x 28g & Plastic 80 x 28g

Strawberry

12 x 113g, 6 x 227g, 9 x 340g & 3.5kg
Portions Glass 50 x 28g & Plastic 80 x 28g





British Cured Pilchards

The Pilchard Works collectable tins are decorated with original Newlyn School paintings and contain sustainably sourced Cornish pilchard fillets. Ring netted from small, efficient boats often within sight of Newlyn, the pilchards are then hand sorted and filleted then flash fried using a process developed and used since 1853.



Pilchards
In Olive Oil
14 x 100g



Pilchards
In Tomato Sauce
14 x 100g





FORTUNE FLAVOURS THE BOLD



NEW Limited Edition
Prawn Cocktail Flavour

NEW 50g Grab Bags
+ Steak Surf & Turf flavour

An extensive range of bold, authentic flavours

5p from every pack
sold goes to the RNLI

8/10 adults said they
would buy the new packs*

Ridges to hold
more flavour



BURTS®



Stock Burts today, contact our team

0800 023 7404

trade@burtschips.com



*Source: Savanta online research Nov 2021



Burts Potato Chips

Burts Chips is Plymouth's award-winning premium snack brand that has won more than 20 awards in the past few years. It was one of the first brands to tap into the trend for authentic ingredients with strong traceability credentials, working closely with suppliers from the South West to source the finest seasonings from the local area.

Potato Chips

- Devon Roast Beef** * GF#
- Mature Cheddar & Spring Onion** * GF#
- Prawn Cocktail** GF#
- Sea Salt** * Ve GF#
- Sea Salt & Crushed Peppercorns** *
- Sea Salt & Malt Vinegar** * Ve
- Smoked Crispy Bacon** GF#
- Sweet Chilli** * Ve GF#

Retail Bags 20 x 40g

* Share Bags available 10 x 150g

Resealable Catering Bag

Sea Salt Ve GF#

4 x 450g

Potato Ridges

- Grilled Steak & Shrimp** Ve
- Reaper Chilli & Lime**

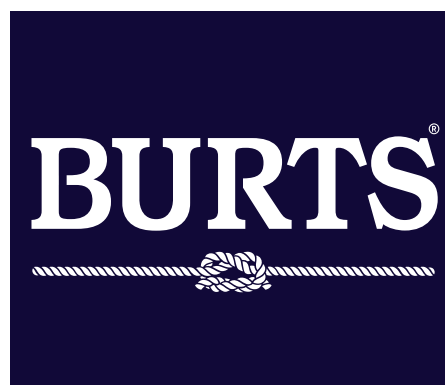
20 x 50g

Lentil Chips

- Barbecue** Ve
- Lightly Salted** Ve
- Sour Cream & Chive**

Retail Bags 16 x 20g

Share Bags 10 x 85g



Plant-Powered snack bars

We believe **everyone** should be able to enjoy **exceptional** tasting treats. Which is why our **choccies** are **plant-based** and made from **natural ingredients**.

BUTTERMILK
treat yourself better



No nasties. No waste.
No excuses not to share!

© Instagram @buttermilk_uk
#TreatYourselfBetter

WWW.BUTTERMILK.CO.UK





Buttermilk Artisan Confectionery

Buttermilk is a family run business, born & bred in Cornwall, now run by Tracy & David Goad. Their love & enthusiasm for everything sweet has been guiding their artisan confectionery since 1964. Lovingly handmade by craft Confectioners, their irresistible treats are stirred over open flames in traditional copper pans, staying true to their heritage.

Heritage Range

These products contain dairy

Fudge Grab Bags

Assorted
Clotted Cream
Double Chocolate
Caramel & Sea Salt

Rum & Raisin
Strawberry & Cream
Butter Tablet
16 x 175g



Fudge Sharing Boxes

Caramel & Sea Salt
Caramel Sea Salt Honeycomb in Dark Chocolate
Chocolate Coated Caramel Sea Salt *140g
Peanut Brittle
Vanilla

6 x 150g unless stated



Buttermilk Artisan Confectionery Plant-Powered Range

🌱 Vegan 🥛 Dairy Free unless stated *

Sharing Pouches

Choccy Peanutsters *
Peanut Butter Crunch
Salted Caramel Cups

7 x 100g



Snack Pouches

Choccy Peanutsters *
Choccy Orange Buttons
Cookies & Creme Crunch
Salted Caramel Buttons
Salted Caramel Cups

12 x 42g



Snack Bars

Caramel Nougat
Peanut Nougat

24 x 50g

Honeycomb Blast

18 x 45g



Lifestyle choice or necessity, grab some of these gorgeously delicious plant-based choccy treats. Plastic free 100% compostable wrapping.



Chocolarder

At Chocolarder they use only a few natural, healthy ingredients to create award-winning, small batch bean-to-bar chocolate.

Perfection takes time, so they slowly roast, stone grind and then conch these fine quality beans before maturing their chocolate bars for over a month. All of their organic cocoa beans are single origin and sourced ethically with local growers from Madagascar, Peru & Nicaragua.



Caramel Sea Salt Truffles

3 x 175g

Chocolarder

Milk Chocolate Bars

10 x 70g

Cornish Honeycomb 50% Milk

Honey from black bee hives, Porthleven

Kuapa Kokoo 65% Milk

Asokwa, Ghana

Toasted Oat 60% Milk

Gola Rainforest, Sierra Leone

Wild Gorse Flower 50% Milk

Duarte Province, Dominican Republic

Oko Caribe Farm 60%

Duarte Province, Dominican Republic

White Chocolate Bars

10 x 70g

Pure White 40%

Virgin Pressed Cocoa Butter

Christmas Limited Editions

10 x 70g

Gold Frankincense & Myrrh 72% Dark

Province of Kenitra

Gingerbread 55% Milk

Kamthana Village, India

Dark Chocolate Bars

10 x 70g

100% Pure Dark

Ene River Valley, Peru

Ashaninka 72% Dark

Ene River Valley, Peru

Cinnamon Toasted Cacao Nibs 74% Dark

Fazenda Sempre Firme, Brazil

Millot Farm 80% Dark

Sambirano Valley, Madagascar

Virunga 75% Dark

Eastern Congo





The Cornish Chilli Company

Handmade, blended & bottled in Cornwall. The Cornish Chilli Company is passionate about using only the finest ingredients with no artificial additives of any kind to create a stunning range of chilli flavours for everyday use & enjoyment.

Chilli Sauce 150ml

Barracuda

Coconut, rum
& hot Scotch
Bonnet chillies

Cornish Chilli

A mild & versatile
sauce, made from
a family recipe

Hells Mouth

Made with fresh &
very hot Scotch
Bonnet chillies

Piranha

A hot citrus sauce
with jalapenos,
tequila & limes

Red Snapper

Pink grapefruit,
vodka & hot
birdseye chillies

Dipping Sauce

Hummingbird

Sweet, delicious
dipping sauce
225ml

Chilli Jam

Red Chilli Jam

Made with red
chillies & lemon
225g





Cornish Chillies

Based in the countryside in Mid-Cornwall at Summercourt, Cornish Chillies is home to 3 large polytunnels that house almost 6000 home-grown chilli plants, with approximately 50 varieties ranging from mild to the hottest chillies in the world. Husband and wife team, Scott and Sue, grow using organic methods and almost every plant is propagated from their own chilli seeds. As well as offering a diverse range of fresh chillies based on heat, flavour and culinary use, they have also produced a range of handmade preserves, each with its own heat level and distinct flavour.

Sauces

- Asian Inspired Sweet Chilli**
 - Chilli Style Ketchup**
 - Jamaican Yellow Chilli & Ginger**
 - Mexican Mole**
 - Myjer BBQ Very Hot**
 - Tomm Sows Hot**
- 6 x 150ml



Jam

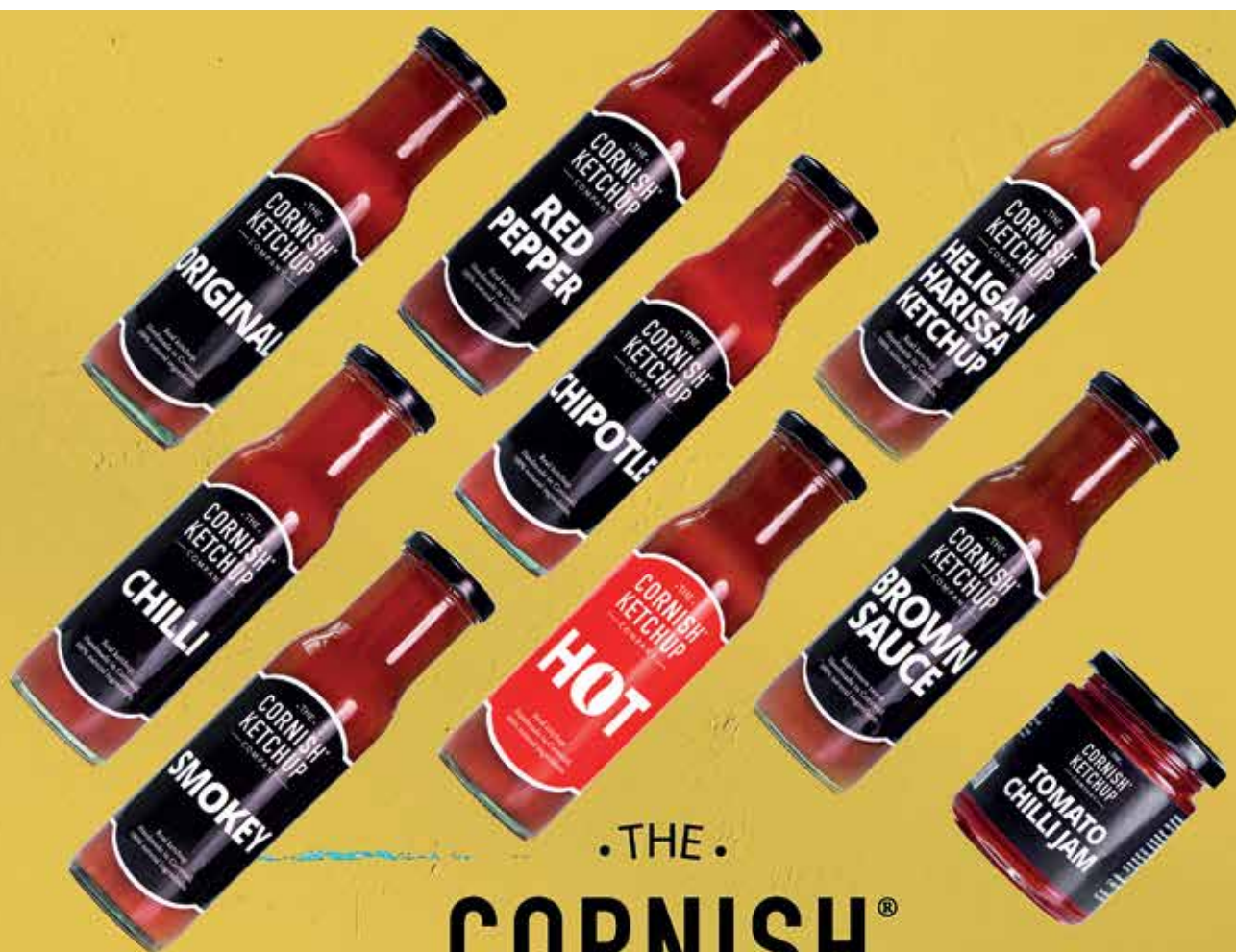
- Aji Lemon Medium**
 - Apache Hot**
 - Apricot Habanero Mild**
 - Cherry Bomb Mild**
- 6 x 227g



Chutney

- Chilli & Lime**
- Mild 6 x 227g
Hot 6 x 227g





.THE.

CORNISH[®] KETCHUP

— COMPANY —

100% natural ingredients

Catering options available



cornishketchup.co.uk   



The Cornish Ketchup Company

The Cornish Ketchup Company was founded by two friends with a passion for great food. Real ketchup available in a variety of delicious flavours, handmade in Cornwall using 100% natural ingredients.

Ketchup

Chilli Ketchup
 Chipotle Ketchup
 Heligan Harissa
 Original Ketchup
 Red Pepper Ketchup
 Smokey
 The Hot One

6 x 250ml

Gift Box

10 x empty
 flatpack boxes

Mayonnaise

Chipotle Mayo
 Classic Mayo
 Garlic Mayo
 Smokey Garlic
 Tartare Sauce
 White Truffle Mayo

6 x 260ml

Vegan Mayo

Plain 

Chilli 

6 x 260g

Other Sauces

Bearnaise
 Brown Sauce *250ml
 Hollandaise
 Sriracha

6 x 260g unless stated

Catering Tubs

Brown Sauce
 Original Ketchup

2.5ltr





The Cornish Larder Company

Established in 2018, their mission is to celebrate the Cornish food and drink scene through a range of delicious preserves and sauces. With quality producers right on their doorstep, every product champions another Cornish producer. A jar from The Cornish Larder will take you on a complete culinary tour of the beautiful county they call home.

Sauces

Caramel Sauce with Cornish Sea Salt

Gold Award
Rich, luxurious
& indulgent

6 x 227g & 1.2kg



Mustard BBQ Sauce with King's Orchard Honey

Gold Award
Tangy, perfect for
beach barbecues

6 x 250ml & 1.2kg

Smoky BBQ Sauce with Cornish Moonshine

Gold Award
Smoky, tangy,
fruity & sweet

6 x 250ml & 1.2kg



The Cornish Larder Company

Preserves

Beetroot Relish with Cornish Mead

Silver Award
Sticky & tangy,
with dried fruits
6 x 227g & 1.2kg

Chilli Jam made with Cornish Chillies

Gold Award
Sweet, smoky
& spicy jam
6 x 227g & 1.2kg

Orange Marmalade with Tarquin's Gin

Gold Award
Oranges, juniper
& Cornish gin
6 x 227g & 1.2kg

Red Onion Chutney with Keltek King Ale

Gold Award
Sweet, sticky, with
deep & rich flavour
6 x 220g & 1.2kg

Spiced Apple Chutney with St Ives Cider

Gold Award
Fresh apples, warming
spices & cloudy cider
6 x 210g & 1.2Kg

Strawberry Jam with Tarquin's Gin

Commended Award
Strawberries, juniper
& Cornish gin
6 x 220g & 1.2kg

Tomato & Chilli Relish with Dead Man's Fingers

Rum Gold Award
Fiery Cajun inspired
relish, with sweet &
fruity notes
6 x 200g & 1.2kg



Gift Box

12 fully assembled
empty branded boxes





The Cornish Moonshine Company

Introducing the Cornish Moonshine Company, the best kept secret from the deepest, darkest corners of Cornwall. Premium liquor and daring preserves.

Preserves

Devilish Tomato & Chilli Jam
Very Naughty Bad*ss BBQ Sauce

6 x 227g



Whiskey

50% Devil Water Moonshine
30% Apple Pie Moonshine
30% Sticky Toffee Moonshine

6 x 50cl



Cornish live Stall



The Cornish Olive Stall is a family business who have sourced the best, premium quality olives and found the perfect way to prepare them. They are packed in practical stand-up pouches, lightly dressed in an oil based marinade. Because there is no oxygen in the pouch to spoil the olives, they stay as fresh as when they were packed, without any preservative. We hope you will agree that these Award Winning olives are among the best you have ever tasted. Our Twelve most popular flavours are available in either a handy resealable 200g pouch or 1kg catering bags.

	<p>The Mix Pitted Green Halkidiki and Kalamata olives marinated with orange, thyme and crushed coriander seeds.</p> 	<p>Rosemary & Garlic Big pitted green Halkidiki and Kalamata olives in a marinade of rosemary and chopped garlic.</p> 	
	<p>Lemon Big pitted green Halkidiki olives in a marinade of lemon, tarragon and flat leaf parsley.</p> 	<p>Garlic Big green Halkidiki olives stuffed with garlic and dressed with chopped garlic.</p> 	
	<p>Basil Pesto A rich pungent marinade of basil pesto compliments big green Halkidiki olives.</p> 	<p>Pitted Green This ready prepared plain Halkidiki olive is the perfect base for your own creation. Just add your own marinade, or simply eat as they are.</p> 	
	<p>Jalepeno Stuffed A big Halkidiki olive which is hand-stuffed with jalapeno pepper and served in a light marinade, simply delicious.</p>	<p>Red Hot Chilli Big green Halkidiki olives stuffed with a bird's eye chilli and dressed in a spicy harissa sauce. Hot !!</p> 	
	<p>Nocellara A brilliant lime green olive from the banks of the Belice River in Sicily. They have a wonderful delicate flavour.</p>	<p>Spicy Pimento Big green Halkidiki olives stuffed with a piece of red pepper and marinated in a spicy harissa sauce.</p> 	
	<p>Black Maroc A pitted olive from Morocco that has been left on the tree after the harvest for a more intense flavour.</p>	<p>Kalamata The Kalamata olive comes from the Peloponnese region of Greece. They have a wonderful full flavour, many believe them to be the king of olives.</p> 	

As well as our award winning olives we have also introduced a range of delicious nuts perfect for snacking. All of them are made using real Cornish sea salt.

	<p>Honey Cashews Cashew nuts in a sweet honey glaze. Finished with Cornish sea salt.</p>	<p>Salt & Pepper Cashews Cashew nuts in a seasoning of hot black pepper and Cornish sea salt.</p> 	
	<p>Smoked Almonds Whole almonds in a rich and smokey seasoning with Cornish sea salt</p>	<p>Wasabi Peanuts Peanuts with a fiery green wasabi shell coating. Finished with Cornish sea salt.</p> 	



The Cornish Olive Stall

The Cornish Olive Stall has been producing retail and catering packs from St Austell since 2012 but can trace its roots back to the olive stall on Lemon Quay in Truro and other Farmer's markets for a decade. They source the finest Greek olives to lightly dress in oil or marinade with no preservatives.

Nuts

Smoked Almonds
Wasabi Peas

225g

Honey Cashews
Salt & Pepper Cashews

225g & 450g



Olives

Halkidiki
Basil Marinated
Garlic stuffed
Spicy Pimento
Large Halkidiki
Lemon Halkidiki
Red Hot Chilli
Rosemary & Garlic

Pitted 200g & 1kg

Green Nocellara
Sicilian Nocellara Del Belice
Stone In 200g & 1kg

Kalamata
Black Stone In 200g & 1kg

Maroc
Black Pitted 200g & 1kg

The Mix
Halkidiki & Kalamata
Pitted 200g & 1kg





Cornish Sea Salt Company

Hand-harvested just eight metres from the Atlantic shore line, get on board with the UK's fastest growing sea salt brand. Containing over sixty naturally occurring trace elements from the Atlantic ocean. Cornish Sea Salt delivers more flavour for less salt. The fresh taste delivers purity and sweetness on the palate.

Original Crystals

8 x 225g, 500g & 1.5kg

Salt Flakes

8 x 150g & 1kg

Fine Salt Flakes

1.25kg

Tub Salts

Smoked Flakes 125g

Sea Salt & Peppery 140g

Case of 8

Pinch Salts

Chilli Hit 50g

Flake Sea Salt 50g

Fresh & Zesty 55g

Original Sea Salt 75g

Really Garlicky 55g

Roasting 50g

Sea Salt & Peppery 60g

Seaweed Salt 60g

Smoked Flakes 50g

Case of 8

Combi Sets

Salty Essentials

Set 1 - 4 x 270g

Punchy Seasonings

Set 2 - 4 x 210g

Ceramics

Pinch Pot with Lid

Lidless Pinch Pot Branded

Small Salt Pig

Large Salt Pig

Sold Individually





The Cornish Seaweed Company

Organic Cornish Seaweed's, sustainably hand harvested by The Cornish Seaweed Company in west Cornwall. Their team is fully licenced by The Crown Estate and certified organic by The Soil Association. Wearing wetsuits the small team free dive for many of their seaweeds to ensure they are the freshest and purest products available straight from the ocean.

Dried Flakes

- Dulse Flakes 5 x 40g
- Kombu / Kelp 5 x 60g
- Mixed Seaweed 5 x 60g

Dried Whole Leaf

- Whole Dulse 5 x 20g
- Kombu / Kelp 5 x 30g
- Sea Spaghetti 5 x 40g
- Sea Greens 5 x 15g

Dried Seaweed

100g Catering Bags

- Dulse
- Mixed Seaweed
- Sea Salad
- Sea Spaghetti

Shakers & Grinders

Flake Shakers

- Dulse 6 x 20g
- Kelp 6 x 40g
- Mixed Flakes 6 x 40g
- Sea Greens 6 x 10g
- Sea Salad 6 x 12g

Seasonings

- Fish
- Meat
- Pasta & Veg
- 4 x 35g

Grinders

- Sea Salt
- Pepper
- 4 x 100g

Seaweed Thins

120g

Seaweed Salt

8 x 70g & 100g





Cornwall Pasta Company

Based in Falmouth, The Cornwall Pasta Company specialise in organic, small batch seasonal and speciality artisan pastas. Made from durum semolina, their pasta is extruded using traditional Bronze dies to create a coarse surface which is slow dried and packaged in 100% compostable Natureflex boxes.

Casareece

Cuttlefish Ink

Briny tones perfect for seafood dishes
12 x 400g

Campanelle

Classic

Ideal paired with a thick sauce
12 x 400g

Campanelle

Wild Garlic

A bright kick of green goodness
12 x 400g

Marfaldine

Cornish Saffron

Rich & sweet exquisite taste
12 x 300g

Lumaconi

Beetroot

Made with raw cold pressed juice
12 x 400g

Lumaconi

Chilli Peppers

Snail shell shaped pasta with a kick
12 x 400g

Radiatori

Rondo Red Wine

Luxurious & fulfilling flavours
12 x 300g

Fresh Linguine

Classic Beetroot Wild Garlic Squid Ink

3kg





Freda's Peanut Butter

A love of Peanut Butter led Lisa & Andrew Newsham to search for the perfect blend. On a trip of a lifetime in a camper van called Freda they had a moment of inspiration to develop their own unbelievably tasty brand. Uniquely flavoured, deeply roasted with all natural ingredients and the perfect crunch - this is Peanut Butter, but better.

Original Crunchy
Original Smooth

6 x 280g

Black Pepper & Cornish Sea Salt
Chipotle Chilli
Chocolate & Orange
Cornish Sea Salt
Toasted Coconut

6 x 180g





FURNISS LOVE BISCUITS

Stunning packaging depicting 9 iconic Cornish scenes, beautifully illustrated by Whistlefish.

Deliciously indulgent award winning flavours, as well as some of our tried and tested favourite award winning Original recipes.

New and improved shortbread recipes – we've added 30% more butter to the Shortbread to make for a richer eating experience.



CORNISH SCENIC GIFT PACKS ALSO AVAILABLE



FURNISS LOVE COOKIES

It is with great delight that we have partnered with Teoni, a fellow artisan cookie baker, to bring to you the enjoyment of this fabulous new award winning cookie range.

With 9 delicious flavours to choose from this range is made with deliciously satisfying oats and is free from artificial colours, flavours and preservatives.

www.furniss-foods.co.uk



Furniss

Furniss was founded in a teashop in Truro over 125 years ago by John Cooper Furniss. Passionate about Cornish heritage he resurrected the original Fairings recipe using traditional methods & local suppliers.

Whistlefish Range

Original Cornish Fairings

Original Cornish Gingers

Original Cornish Gingers with Dark Chocolate Pieces

12 x 200g

Original Clotted Cream Shortbread

Original Clotted Cream Shortbread with Chocolate

Original Clotted Cream Shortbread with Strawberry

12 x 200g

All Butter Shortbread

All Butter Shortbread with Raspberries & White Chocolate

All Butter Shortbread with Sicilian Lemon

12 x 200g



Cornish Gifting

Cornish Shortbread Twin Pack

Contains 1 clotted cream shortbread & 1 all butter shortbread with Sicilian Lemon

6 x 400g

Furniss Favourites Twin Pack

Contains 1 original fairings & 1 original gingerbread with Dark Chocolate

6 x 400g

Original Cornish Gingerbread

Retro Tin

Large Cornish gingerbread in traditional old tubes

6 x 400g



Furniss

Love Cookies Range

Regular

Apple Pie ^{Ve}

Chocolate Chip ^{Ve}

Fudge

Pecan & Pure Maple ^{Ve}

Stem Ginger ^{Ve}

12 x 180g

Dipped

Chocolate Chip ^{Ve}

Stem Ginger ^{Ve}

White Chocolate Chip

Cranberry

12 x 200g



Savoury Range

Cornish Sea Salt Oat

Crunchy, melt in the mouth biscuit with a lovely salty flavour

6 x 170g



West Country Cheddar

Flavoured with Davidstow Cheddar, Cornish butter & Cornish Sea Salt

6 x 170g



Foodservice Range

Twin Packs

All Butter Shortbread Fingers

48 x 50g

Original Cornish Fairings

50 x 40g

Grab Bags

Butter Shortbread

Chocolate Chip Cookies

Includes a shelf ready display box

18 x 40g

Mini Biscuits

Clotted Cream Biscuit

Gingerbread Biscuit

36 x 150g

Cafe Pack

Clotted Cream Shortbread

6 x 500g





Get Fruity

The Cornish baked award-winning 'Get Fruity' bar has a unique fruity taste and juicy texture. Naturally bright in colour, packed with a high percentage of the named fruit, gluten free oats and cold pressed virgin coconut oil. Containing no refined sugars or artificial ingredients, they are nutritious, gluten & dairy free, vegan and 100% natural.

Mixed Selection Box Ve GF

Contains apricot, orange & ginger, mango, mixed berry, raspberry, strawberry & pineapple and coconut & lime

Includes a shelf ready display box 25 x 35g



Halzephron Herb Farm

At Halzephron they pride themselves on producing great tasting, good quality food, using only the finest locally sourced ingredients. Their range is still made in small batches which ensure that the taste is never compromised.



Chutney

Cornish Ale

320g

Dressing & Marinades

Amalfi Dressing

Cornish Herb Dressing Ve

Raspberry & Balsamic Dressing Ve

250g

Marmalade

Caramelised Red Onion Ve

320g & 3kg





Hard Pressed Oils

Artisan cold-pressed oils, crushed and infused with real flavours. Made from 8 incredible seed varieties and heaps of natural herbs and spices. Rich in Omega 3 and 6, the range is ideal for use as a table top condiment as well as a cleverly refined cooking oil.



250ml Bottles

Onion, Rosemary & Pepper
Smoked Liquid Chorizo
Herb, Chilli & Pepper
Chilli, More Chilli & Pepper
Eight Superseeds

Case of 6

100ml Bottles

Super hot Carolina Reaper

Case of 6



Homecrafts Preserves & Chutneys

Beverley Golley takes great pride in her Homecrafts range. Small batches are made by hand in her home kitchen using the best fruit and berries, locally sourced where possible, with no added preservatives, artificial colours or flavourings.

Chutney

Apple
Red Onion
Tomato

Available Sizes
340g | *340g only
1.2kg / 1.3kg & 3kg

Jam

Apple & Blackberry*
Apricot
Cornish Cornucopia*
Cornish Kea Plum*
Gooseberry*
Strawberry*

Marmalade

Citrus Sensation
Double Orange
Four Fruit
Orange & Lemon
Seville





Kernow Confectionary

Kernow Chocolate (est. 2005) is a family business based just outside of Padstow in North Cornwall. They make all of their small batch chocolate by hand in traditional wheel tempering machines, specialising in 100g bars available in over 20 flavours. They also make a wide range of seasonal items for Easter and Christmas.

Milk Chocolate Bars

Apple Crumble

Bakewell Tart

Caramel Sea Salt

Fudge

Milk

Orange

Sea Salt

20 x 100g

Billionaire's Shortbread

20 x 100g (Photo Range Only)

Banoffee

Honeycomb

20 x 95g

Cream Tea

19 x 100g

Becky Range

Photo Range



95g / 100g bars are available in either Becky Bettsworth or Photographic packaging. Please specify your choice of design when ordering.

Dark Chocolate Bars

70% Cocoa

Chilli

Chilli & Lime

Mint

Orange

Raspberry

20 x 100g

Ginger

Ginger & Lime

19 x 100g



Kernow Confectionary

Miniature Bars

- Caramel Sea Salt Milk
- Crème Caramel
- Honeycomb
- Dark
- Milk
- Mint Dark
- Orange Milk
- Raspberry Dark

20 x 37g



Hot Chocolate Spoons

- Caramel Sea Salt Milk
- Crème Caramel
- Dark
- Milk
- Mint Dark
- Orange Milk

x 20 Zero VAT



Chocolate Buttons

Retail Bags

- Milk Chocolate
- Dark Chocolate
- White Chocolate
- Mixed Box

20 x 100g

Catering

- Milk Chocolate
- Dark Chocolate
- White Chocolate
- 70% Cocoa

1kg Zero VAT



Gift Range

Cornish Pasty Milk Chocolate

20 x 60g

Sealife Shapes Milk Chocolate

16 x 100g



LANGLEYS

— CREATED TO BE EXPERIENCED —

Award winning chocolate for every occasion

Luxury Belgian chocolate including Selection Boxes, Christmas Crackers, Christmas Lanterns, Easter Eggs, Rocky Road cartons and more.



Over 12 moreish and mouth-watering flavours available in cartons to be enjoyed everyday.

All Langleys Rocky Road chocolate comes from a sustainable and traceable source; is free of palm oil; suitable for a vegetarian diet, and hand-made and hand-decorated by Amanda Langley.



- ★ Lime & Seaweed
- ★ Salted Caramel
- ★ Lemon Meringue
- ★ Ginger
- ★ Whiskey
- ★ Milk Chocolate
- ★ Trévethan Gin
- ★ Cranberry
- ★ Dark Chocolate
- ★ Cherry Dokesell
- ★ Cornish Seaweed
- ★ Orange



Dark and milk chocolate eggs containing assorted flavours, wrapped in flexi-hex biodegradable packaging; they could be the world's first egg that won't crack in transit.

- ★ Lime & Seaweed
- ★ Orange
- ★ Trévethan Gin
- ★ Salted Caramel
- ★ Milk Chocolate
- ★ Lime
- ★ Ginger
- ★ Raspberry
- ★ Dark Chocolate

Selection boxes are the perfect gift for special occasions including our Cornish themed and award winning 'Taste of Cornwall' milk chocolate selection.

- ★ Cornish Seaweed Collection
- ★ The Best of Milk & Dark
- ★ Best of Milk
- ★ Best of Dark
- ★ Retro Desserts
- ★ All the Fruits
- ★ A Little Bit of Everything
- ★ Tippy Collection

Our Carousels put a spin on chocolate gifting, becoming the fastest sellers at events over the last 12 months.

- ★ Fancy a Tippy Carousel
- ★ Christmas Collection Carousel
- ★ Seaside Collection Carousel
- ★ Dark Collection Carousel
- ★ Puddings Collection Carousel
- ★ Fruity Collection Carousel



The first carbon neutral and biodegradable Christmas Cracker featuring delicious assorted chocolates will help your customers lower their carbon footprint.

- ★ Assorted Dark Chocolate
- ★ Assorted Milk Chocolate
- ★ Assorted Milk & Dark Chocolate

www.langleysrockyroad.co.uk

Contact: 07931 775998 | sales@langleyrockyroad.co.uk



Langleys Chocolate

A generous serving of luxury Belgian Chocolate combined with caramel, nougat and honeycomb in just the right measures with inspirational flavours. Delightfully moreish, each batch is lovingly handmade on the north Cornwall coast.

Milk Chocolate

Cherry Bakewell
 Classic Milk Chocolate
 Lemon Meringue
 Lime & Sea Salt
 Orange
 Salted Caramel
 Sea Salt
 Trevethan Gin

6 x 80g

Dark Chocolate

Classic Dark Chocolate
 Cranberry
 Ginger
 Whiskey

6 x 80g

Carousel Gift Boxes

Each box contains 6 bars of chocolate, an inner carousel containing 15 individual chocolates & hand finished with a ribbon.

Fancy a Tipple

Amaretto, Gin & Whiskey

Puddings Collection

Cherry Bakewell, Eton Mess & Lemon Meringue

Seaside Collection

Fudge, Lime & Sea Salt and Orange

6 x 365g

Selection Gift Boxes

Best of Milk Chocolate

Orange, Salted Caramel, Cornish Fudge & Trevethan Gin

Best of Dark Chocolate

Includes Ginger, Lemon Caramel, Amaretto & 60% Dark

Small Gift Box 6 x 12 piece
 Large Gift Box 6 x 24 piece





it's time to *get real.*



from the home of real vanilla...



...to real vanilla in your home.

From the farmers and the communities who protect and nurture the fragile ecosystems on the Equatorial Belt, to the professional chefs, home cooks and bakers who use REAL vanilla in their creations all over the world, we are united in a common message that speaks to us all.

That message? That the shopping choices we make have a global impact that must never be underestimated. That the people who live in the Equatorial regions and look after the rainforest environments are relying on us to always demand REAL vanilla.

LittlePod make it simple to use quality real vanilla. Join our **#campaignforrealvanilla** to support sustainable farming & discover the true taste of vanilla with our award-winning ingredients range.



littlePod®

littlepod.co.uk @little_pod





LittlePod

Winner of the Queens Award for enterprise (sustainable development) in 2018. Based in East Devon, LittlePod specialise in natural food ingredients and offer a quality on-trend product range to eat, drink and cook with. Their reputation continues to grow among manufacturers, retailers and professional chefs alike.

Paste

100ml

Vanilla



Extract

100ml

Coffee Chocolate Vanilla

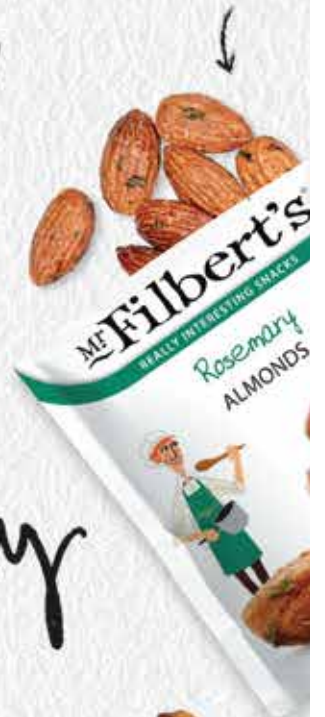




Mr. Filbert's®
SNACKS BEYOND EXPECTATION

Deliciously made
in the
West Country
A. Filbert

Buttery
almonds



Aromatic
oregano



Tender
cured beef

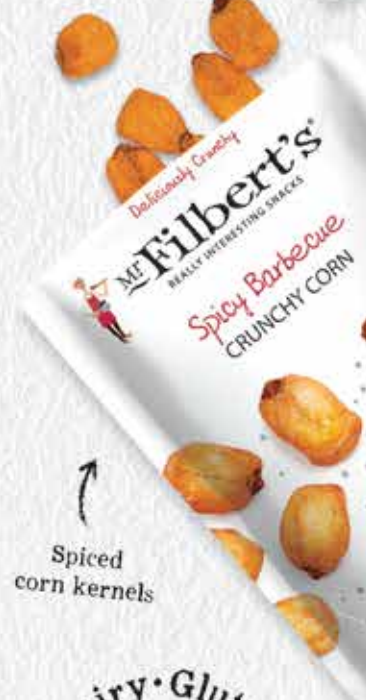


100% Natural

Handmade for
incredible taste

Over 40
taste awards

mrfilberts.com



Spiced
corn kernels

• Dairy • Gluten •
FREE FROM
• GMOs • Artificial Additives •



Mr Filbert's

Mr Filbert's create really interesting snacks using only the finest quality nuts, seeds and olives, flavoured with the finest spices and herbs from around the world. Their Gourmet Nuts and Seeds Snacks are hand crafted using a unique process which involves oven roasting them in their own natural oils for a healthier and tastier alternative to deep fried snacks. Their Olive Snacks are based on authentic Greek recipes and are the markets first re-sealable liquid free ambient olive snack.

Crunchy Corn Ve GF#

Gently fried & seasoned to create a tasty high fibre snack

Spicy Barbecue Simply Sea Salt

15 x 40g & 2.5kg Zero VAT

Indulgent Snacks GF#

Irresistible & luxurious mixed nuts

Cafe Espresso & Chocolate

15 x 75g

Eco Snack Boxes Ve GF#

100% recyclable packaging

French Rosemary Almonds Mexican Sweet Chilli Mixed Nuts Indonesian Peppered Cashews Italian Black Truffle Mixed Nuts

15 x 35g

Eco Selection Box Ve GF#

100% recyclable packaging

Each carousel contains;

- 1x French Rosemary Almonds
- 1x Mexican Sweet Chilli Mixed Nuts
- 1x Indonesian Peppered Cashews
- 1x Italian Black Truffle Mixed Nuts

12 x 4 x 35g



Mr Filbert's

Pocket Snack Nuts 20 x 40g

Almonds GF#

Californian Salt Crust
French Rosemary

Cashews GF#

Salt & Pepper

Mixed Nuts GF# DF#

Black Truffle
Simply Sea Salt
Sea Salt & Herb

Peanuts Ve#

Chilli & Lime
Dry Roasted
Salt Crust
Proper Job

Retail Nuts 100% Natural 12 x 100g

Almonds

Californian Salt Crust
French Rosemary
Moroccan Spiced

Cashews

Indonesian Peppered

Mixed Nuts

Applewood Smoked
Black Truffle
Mexican Sweet Chilli
Simply Sea Salt
Spring Wild Garlic

Peruvian Pink Peppercorn

Cashews & Peanuts

Peanuts

Proper Job

Gourmet Nuts & Bar Snacks

Almonds

French Rosemary

2.8kg

Chilli Rice Crackers

1.5kg

Wasabi Peas

2.8kg

Mixed Nuts

Applewood Smoked
Mexican Sweet Chilli
Simply Sea Salt
Spring Wild Garlic

Peruvian Pink Peppercorn

Cashews & Peanuts

2.8kg

Peanuts

Dry Roasted
Marrakesh Spicy
Rosemary Sea Salt
Salt Crust

2.8kg



Mr Filbert's

Cured Meats GF# DF#

Chorizo Snack Packs

Handcrafted & air dried,
packs contain 2 sticks

15 x 38g Zero VAT



Biltong

Original Chilli Rub

20 x 30g Zero VAT



Olives Ve# GF#

65g Snack Pack

Green Olives

with Chilli & Black Pepper

Green Olives

with Lemon & Oregano

Mixed Olives

with Rosemary & Garlic

8 x 65g Zero VAT



30g Snack Pack

Includes a shelf ready dispenser

Green Olives

with Fennel & Coriander

Mixed Olives

with Sweet Chilli & Basil

20 x 30g Zero VAT



Namoh Curry Sauce

Chef Ankur Biswas and his family pride themselves on their commitment to producing authentic homemade curry sauces using their own traditional family recipes. Ankur's 'no compromise' approach ensures flavours that have, until now, been confined to restaurants transfer seamlessly to retail jars retaining their traditional and authentic style and aromas.

Cooking Sauce

Ve# GF#

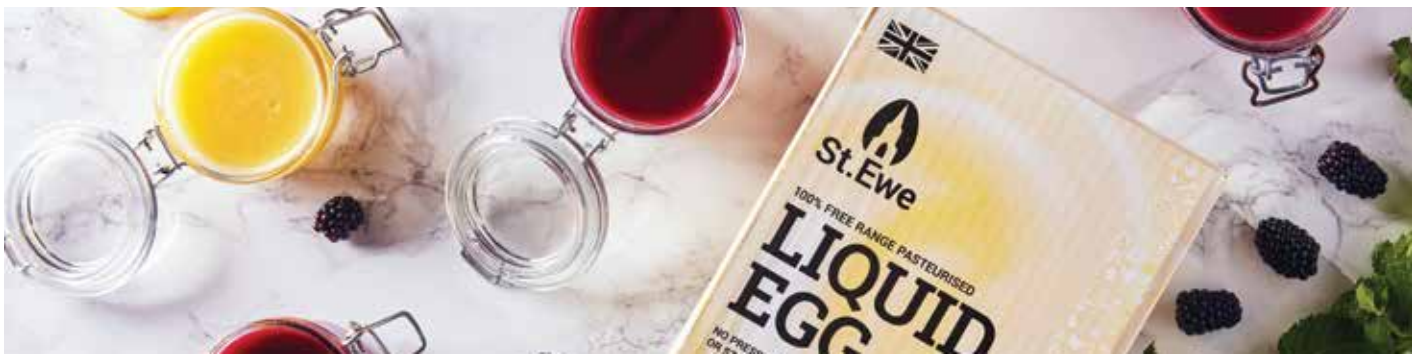
Curry Sauce

Korma Sauce

Kadai Sauce

6 x 270g & 1 litre





St Ewe Free Range Eggs

St Ewe is an independent family run business who use traditional farming methods and pride themselves on the welfare, nutrition and care for their hens. With a specialist and unique feed of locally sourced raw materials, their hens have the right mix of nutrients, minerals and vitamins to produce fabulous tasting and the UK's most comprehensive egg range.

Retail Eggs

1/2 dozen cartons sold by 8 x 6 case

Boost the Roost Free Range

Mixed weight eggs. High in Selenium & in DHA Omega 3

Hen Picked Free Range

Mixed weight & brilliant for families

Large Free Range

A best seller

Medium Free Range

A wonderful all rounder

Rich Yolk Free Range

Mixed weight eggs. Rich tasting, deep orange coloured yolk

Foodservice Eggs

Sold by the case or tray

Medium Free Range

12 x 30 Trays

Rich Yolk Free Range

12 x 15 Trays

Pasteurised Liquid Egg

2 ltr

Egg Yolk

Egg White

Whole Egg





Sarah & Finn's

Artisan Relish Ve

**Cider Apple
Cranberry**
300-330g

**Mild Chilli
Hot Chilli
Extra Hot Chilli**
300-330g



Born & raised in Cornwall, Sarah hand crafts every jar of relish using local ingredients, where possible, in her beautiful kitchen overlooking the cliffs at Gwynver, near Lands End. Sarah's ethos is 'quality not quantity' which is why every batch of relish is made by Sarah herself with the help of her husband John and their son Finn.



Simply Cornish

Formerly a trade division of Warrens Bakery, Cornwall's oldest commercial bakery and the world's oldest Cornish pasty maker, established in 1860. Now made by Furniss to Warrens time honoured recipes.

Shortbread Biscuits & Fairings

**Chunky Chocolate & Clotted Cream
Clotted Cream Shortbread
Strawberry & Clotted Cream Shortbread
Cornish Ginger Fairings**

12 x 200g





Sisley's & Crellow

The team at Sisley's and Crellow have a love of cooking and passion for ingredients. They take great pride in making their preserves just so, using locally sourced ingredients where possible. New and existing recipes are carefully hand crafted, resulting in several award winning products.

Crellow Chutney

Apple & Onion
Apple, Date & Ginger
Chutty Chutty Bang Bang
Hot Goddess
Tom Foolery

227-330g

Crellow Relish

Beetroot
Figgymajig

227-330g

Crellow Foodservice

Apple & Onion Chutney

Made with apples, onions, sultanas, lemons & malt vinegar sugar. 1.2kg Tub

Sisley Mustard

Cornish Ale

Made with Tribute Ale, brown & yellow mustard seeds, white wine vinegar, sugar & spices. 190g

Sisley Foodservice

Cornish Tribute Ale Chutney

Made with apples, onions, Tribute Ale, malt vinegar, dried fruit sugar & spices. 2.9kg Tub





South Devon Chilli Farm

The team at South Devon Chilli Farm have been growing chillies on their farm near Kingsbridge in Devon since 2003. They now grow over 10,000 chilli plants each year and harvest tonnes of fresh chillies most of which are used in their range of award-winning chilli sauces, preserves and chilli chocolate. Here is a selection from their range...

Chilli Chocolate

**Extreme
Fruit & Spice
Honeycomb
Milk
Original Dark
Orange**
6 x 100g

Drinking Chocolate

6 x 250g

Chilli Kit

All in One Growing Kit
Sold Individually

Jams & Chutney

Chilli Chutney

6 x 220g

Chilli Jam

6 x 250g & 1ltr

Extreme Jam

6 x 250g

Hot Apple Chilli Jelly

6 x 250g

Salsa

Cool Jalapeno

Hot Habanero

Smoky Chipotle

6 x 240g

Sauces

Habanero Sauce

6 x 140ml

Jalapeno Sauce

6 x 100ml

Ketchup

Cool

Hot

Smoky

6 x 280g





Terras Farm

Terras Farm is nestled in a valley just outside St Stephen and is home to their award-winning Terras Ducks. Outdoor reared and free range, the happy Terras Ducks produce delicious rich eggs.



Duck Eggs

Carton of 6





Truffle Hunter

Sole producers of Truffle products in the UK! Based in the beautiful Cotswolds Truffle Hunter have developed a truly stunning range using the finest extra virgin olive oil & Italian Truffles sourced from Northern and Central Italy. Their English truffle oil combines extra virgin rapeseed oil from the Cotswolds with black truffles from Somerset & Wiltshire.

Condiments

Black Truffle Cornish Sea Salt

20g & 6 x 40g

Black Truffle Dust

15g

Black Truffle Mayonnaise

25g & 180g

Black Truffle Mustard

27g & 1 litre

White Truffle Honey

30g

Dairy

Black Waxed Truffle Cheddar

200g

Black Truffle Butter

White Truffle Butter

100g

Truffle Oil

Black Olive Oil

White Olive Oil

Single concentrated 100ml

Double concentrated 250ml

English Rapeseed Oil

100ml & 250ml

Preserved Truffle

Black Truffle Sauce; Tartufata

480g

Dry Goods

Black Truffle Tagliatelle

250g

Black Truffle Crisps

White Truffle with Lobster Crisps

125g





Willie's Cacao

Willie Harcourt-Cooze, the pioneering Chocolate Man, makes some of the best chocolate in the world in his factory in Devon. Preserving the highly individual flavour of the beans by using neither vanilla nor soya lecithin, his aim is to introduce everyone to real chocolate with the pure, beautiful flavours of the worlds great single estate cacaos.

Retail Bars 12 x 50g

Almendra

Sur del Lago Dark Chocolate & roasted Marcona Almonds

Chulucanas Gold 70

Peruvian Dark Chocolate, notes of raisins & plums

El Blanco

White chocolate

Hazelnut & Raisin

Peruvian 70 with hazelnuts & raisins

Las Trincheras Gold 72

Venezuelan Dark Chocolate, soft nutty tones

Luscious Orange

Cuban 65 with orange

Milk of the Stars

Surabaya 54 milk chocolate with soft caramel notes

Raspberries & Cream

El Blanco white chocolate jewelled with raspberries

Sea Flakes

Rio Caribe 44 milk chocolate & Cornish Salt

Surabaya Gold 69

Indonesian Dark Chocolate with soft caramel notes

Pure 100% Gold 12 x 40g

Sur del Lago 100% cacao, silky nutty notes



Willie's Cacao

Impulse Bars 30 x 26g

Milk of the Gods

Rio Caribe 44 milk chocolate

Luscious Orange

Cuban 65 with orange

Venezuelan 72

Las Trincheras

Sea Flakes

with Cornish Sea Salt



Gifts

Sea Salt Caramel Pearls

Dark Chocolate

with Rio Caribe 72 dark chocolate

Milk Chocolate

with Rio Caribe 44 milk chocolate

Strawberry & Cream

with El Blanco white chocolate

6 x 150g

Hazelnut Praline Truffles

Marc de Champagne

Milk Chocolate with Sea Salt

Dark Chocolate with Sea Salt

6 x 110g



Cooking Range

100% Cacao Cylinders

Venezuelan Black

Rio Caribe

6 x 180g

Hot Chocolate Ve GF#

Single Estate dark chocolate

4 x 250g no VAT & 1kg

Chef's Drops

Dark Rio Caribe 72

6 x 150g



Chilled & Frozen A-Z

Our sweet and savoury selection is all handmade by local artisan producers who take great pride in using local ingredients, where possible, to create a stunning range of mouth-watering delights to tempt all taste buds.

B		H		Q	
Baked to Taste	53	Hobbs House Bakery	60, 98	Quicke's Traditional	64, 65
C		M		R	
Chunk of Devon	54	Made Marion	61	Rod & Ben's	66
Cornish Cheese Co.	55	O		T	
Cornish Gouda Co.	56	Old Manor House	61	Tregida Smokehouse	67
Country House Foods	56	P		Treveador Farm Dairy	68
D		Padstow Cheese Co.	62	W	
Deli Farm Charcuterie	57	Peck & Strong	62, 63	Whalesborough	68
E		Portreath Bakery	64	Farmhouse Cheese	
Exploding Bakery	58, 59				

In order to ensure products reach you in the very best condition with the longest shelf life possible we supply most of our chilled & frozen range on a 'to order only' basis. Lead times may be subject to seasonal change. Please call for an up to date delivery schedule. Our frozen delivery schedule offers two deliveries per week throughout Cornwall & Devon.





Baked to Taste

Handcrafted, locally sourced & freshly baked gluten free products. The Deacon family, Chunk of Devon & their teams produce a range of sweet & savoury delights in their own dedicated GLUTEN & WHEAT FREE bakery in Honiton.

Pasties ^{GF#}

Cheese & Onion ^{Ve#}
Curried Ruby Murray ^{Ve#}
Steak
 8 x 220g

Pies ^{GF#}

Homity
Steak, Ale & Chestnut Mushroom 240g
Veggie Tagine ^{Ve#}
 8 x 230g

Quiche ^{GF#}

Caramelised Onion & Goats Cheese ^{Ve#}
Lorraine
Red Pepper Pesto & Cheddar ^{Ve#}
 8 x 145g



Sausage Rolls ^{GF#}

Chubby Sausage Rolls
 8 x 2 x 110g

Rolls & Scones ^{GF#}

White Bread Rolls
 12 x 80g
Plain Scones
Fruit Scones
 4 x 4

Cakes ^{GF#}

Bakewell Slice
Chocolate Fudge Cake
Double Chocolate Brownie
Lemon Drizzle Cake
Millionaires Shortbread
Oat & Cherry Flapjack 70g
 12 x 75g



BRITISH PIE AWARDS GOLD 2020

Pies * Pasties * Pork Pies * Sausage Rolls

Taste of the West South West England GOLD 2021

great taste 2021

GOLD Food People Awards 2021/22

BRITISH PIE AWARDS SILVER 2021

Proud winners of over 200 awards

Our rustic gourmet recipes have bold flavours and are naturally packed with fantastic ingredients. All sourced as locally as possible, from high welfare British farmers and producers and wrapped in our tasty pastry. Available wrapped, unwrapped (DELI) and frozen unbaked. Perfect for bake off.....mmm ple!

Handmade in Devon by the Hunks from Chunk!

chunk
pies & pasties of Devon

P 01404 814 401
I www.chunkofdevon.co.uk
E sales@takeachunk.co.uk   

Chunk of Devon

Simon Bryon-Edmund describes the style of his family run business as 'rustic gourmet' sourcing most of their goodies from the fabulous natural larder of the west country. Chunk, with a passion bordering on obsession, strive to make tasty gourmet products, packed with great goodies without being too pompous.

Pasties

Cheese & Onion 

Roast Veg 

Medium Steak

Frozen Unbaked 20 x 272g

Sausage Rolls

Frozen Unbaked 40 x 193g

Squealer Pork Pies

Frozen Unbaked 28 x 175g



CORNISH CHEESE Co



CORNISH NANNY
2kg, 1kg, 450g

CORNISH BRIE
1kg, 200g

CORNISH BLUE
2kg, 1kg, 450g, 175g Wedge

Producer of **award-winning** cheese

The Cornish Cheese Company

Artisan blue cheese hand-crafted by Phillip Stansfield & his team at Knowle Farm, situated on the edge of Bodmin Moor near Liskeard, using Cornish goats' milk and cows' milk from the farms own Pedigree herd.

Cornish Blue ✂

A sweet, creamy & supreme
Champion World Cheese
Award Winner
8 x 175g & 2kg

Cornish Brie ✂

Mild & creamy with a bloomy
white rind & lingering lactic
flavour
Approx 1kg





The Cornish Gouda Company

The Cornish Gouda Company produces award winning artisan cheeses, hand crafted on a small family dairy farm in Cornwall. Giel Spierings founded the company at the age of 19 in order to successfully diversify the family dairy farm, which was no longer viable due to years of poor milk prices.

Semi-mature Gouda

Aged for 5-6 months, this has a creamy smooth texture with a pleasant flavour

300g & 1.5kg



Country House Foods

Founded in 2011 by Richard Maior-Barron, Country House Foods are proud to be a small artisan business located on the beautiful Roseland Peninsula, South Cornwall.

Cornish cheddar made using Cornish milk is cold smoked over Applewood to enhance the flavour of the cheese without overpowering.

Smoked Peninsula

A 12 month old Applewood smoked mature cheddar

200g & 1.1g

Smoked Butter

Salted Applewood Smoked Creamy Cornish Butter

250g



Deli Farm Charcuterie

Multi-award-winning artisan air dried charcuterie since 2006. Carefully crafted by Jean & Martin Edwards & their highly skilled team on farm at Delabole using 100% quality meat from carefully selected producers. Some varieties are fairly traditional and some a little more unusual - all are mouthwateringly delicious.

Sliced Salami

Black Olive
Chorizo
Fennel & Aniseed
Garlic
Hot Peppery
Paprika Oak Smoked
Wagyu Beef

100g



Sliced Meats

Beef Bresaola
Coppa Ham
Lomo
Pancetta
Venison Bresaola

100g



Pokers

Beautifully marbled beef blended with a delicate mix of spices & slowly dried to create a soft but firm texture. 100g

Portion Control Packs

Contains 2 slices each of Coppa, Chorizo, Garlic Salami, Fennel Salami & Venison Bresaola. 100g





**THE
EXPLODING
BAKERY**



The Exploding Bakery

The love child of Tom Oxford & Oliver Coysh who make thoroughly modern cakes, crafted into bold new flavours and varieties. Perfect for a generation who crave new culinary experiences, are conscious about what they eat but don't want to compromise on taste. 'Though the way we do it is rather old fashioned - we won't cut corners or compromise on quality.'

Cake Traybakes

All scored into 16 consistent slices

Carrot Cake

Gizzillionaire Slice Ve GF#

Lemon Polenta & Pistachio GF#

Orange & Pecan Polenta GF#

Raspberry & White Chocolate Bakewell

Sour Cherry & Pistachio GF# DF#

Brownie Traybakes

All scored into 16 consistent slices

Almond Brownie GF#

Peanut Butter Brownie Ve GF#

Salted Caramel Brownie GF#

Vegan Killer Brownie Ve GF#

Loaf Cake

Yield - Approx 14 slices

Chocolate Banana Bread Ve GF#

Sweet ripe bananas with dark Belgian chocolate.

Supplied in 2 halves

Flapjack Traybakes

All scored into 16 consistent slices

Seedy Flapjack GF#

Molasses & caramel tones with mixed seeds & jumbo oats

Ramblejack Ve GF#

Dates & walnuts, topped with coconut & dark chocolate





One Bun To Rule Them All The Ultimate Burger Bun

100% Vegan



Uncompromising in flavour and texture, the Ultimate Burger Bun is perfect for any burger.

Hobbs House Bakery

Established 1920 in the Cotswolds, Hobbs House Bakery is a true family business and is proud to have five generations of baking experience.

Using traditional methods, their expert team of bakers continue to produce an exceptional range of award winning breads to the very highest standards.

Bloomer Loaves

A traditional bloomer hand moulded by their skilled bakers

White Unsliced 8 x 800g

Harvester Unsliced 9 x 800g

Everyday Loaves

A traditional tin loaf, baked with a flat top to give a consistent sandwich

White Sliced

Harvester Sliced

8 x 800g

St Martins Sourdough

A delicious chewy texture & tasty crust; will benefit from a blast in a hot oven

Whole & Sliced

6 x 1.25kg

Rolls

Brioche Rolls

Authentic all butter brioche

36 x 4inch

Ultimate Vegan Bun

72 x Approx 75g



Made Marion

Specialising in Gluten Free baked goods, Made Marion have developed a popular range focusing on taste, quality and consistency, including their award winning Gluten Free sliced white loaf.

Focaccia Rolls V GF#

Infused with aromatic rosemary & roasted garlic.

Frozen 30 x 75g
Individually wrapped

White Bread V GF#

Soft & tasty sliced white loaves with a golden crust.

Frozen 9 x 400g
Individually wrapped

Pizza Bases V GF#

Crisp 12" restaurant quality pizza bases ready to use.

Frozen 20 x 220g
Individually wrapped



Old Manor House

A refined selection of cakes and savouries hand made in Boscastle using the finest ingredients. Brimming with rustic appeal choose your treat from chunky scones to vegan veggie pasties.

Pasties

Cheese & Onion V

Prime Steak

Roast Vegetable Unglazed V#

Frozen Unbaked 10 x 350g

Sausage Rolls

Frozen Unbaked x 25

Round Cake Ve#

Chocolate & Raspberry

Coffee & Walnut

10 inch approx 12-14 slices

Carrot Loaf Cake Ve#

Approx 12-14 slices

Scones

Plain

Fruit

Case of 12



The Padstow Cheese Company

Cornish Jack is a multi-award winning, handmade cheese produced by artisan cheesemaker's Padstow Cheese Company. The name Jack is a homage to the migrating Cornish miners during the 19th century, fondly known as Cousin Jack.

Cornish Jack

Sweet & slightly nutty
with a tangy fruitiness
200g & 2.5kg

50 Jack

Brined in Sharps Brewery
Sea Fury Ale for 50 hours
200g

Smoke 'n' Jack

Cornish Jack lightly
smoked over applewood
200g



Peck & Strong

Since 1980, Peck & Strong's key focus has been, quite simply, on achieving really great flavour. Using the best quality ingredients, no bought-in pre-mixes whatsoever and (with the minimum of machinery) Cooks to make everything - it is literally made by hand. The result is a range of Cakes, Slices and Vegetarian Pies & Flans that not only taste great, but have all the hall marks of being hand-produced, with the flourish that only an experienced Cook can deliver.

The Peck & Strong range is now provided **frozen** and each product offers a minimum best before frozen storage life of 6 months.

Peck & Strong

Classic Brownie v GF# DF

16 pre-cut slices

Made with dark Belgian chocolate & rice flour

Flapjacks

16 pre-cut slices

Made using Tate & Lyle sugar, golden syrup & pure, natural fruits

Apple & Blackcurrant Ve# DF

Apricot Flapjack Ve# DF

Chocolate & Coconut v

Rich Caramel Topped v

Yoghurt Topped Apple & Blackcurrant v

Traybakes

16 pre-cut slices

Rocky Road Ve# DF

Spiced Ginger Cake v DF

Shortbread

16 pre-cut slices

Lusciously light, gentle & rounded in their sweetness

Apple & Date Ve# DF

Chocolate & Caramel v

Round Cakes

10" Whole Cake 12-16 portions

Apple Cake v DF

Carrot Cake v

with cream cheese icing

Chocolate Fudge Cake

fully coated

Coffee Cake

Orange, Lemon & Lime v GF# DF

Victoria Sponge v

with vanilla butter cream & Devonshire raspberry jam

Round Flans

12" Whole Flan 10-12 portions

Mediterranean Vegetable v

with Feta

Round Tarts

12" Whole Tart 10-12 portions

Mature Cheddar & Spring Onion v

Shropshire Blue & Broccoli v

Stilton & Mushroom v





Portreath Bakery

A love of baking and the determination to run her own business has seen Marion at the helm of Portreath Bakery for over 30 years. From their production facility based in Pool they produce quality baked goods.

Focaccia

Made using traditional methods & topped with fresh rosemary & chopped garlic.

Frozen 7 x 585g

Pizza Bases

Rustic hand stretched pizza bases ready to use.

Frozen 40 x 220g

QUICKE'S
EST. 1540

CRAFTING GREATNESS FROM OUR LAND

At Quicke's we understand that great cheesemaking is an art. For nearly 500 years we have nurtured our family's land, carefully managing our ancient pastures and feeding specially-bred cows on lush grass year-round so they give the very best milk for our cheese. Using time-honoured methods our award-winning truckles are handmade, clothbound and slow-matured for up to 24 months, giving the cheese its distinctive depth and complexity of flavour. A true expression of the landscape from which it came.

www.quickes.co.uk | @quickeschese





Quicke's Traditional

Handmade on a farm at Newton St Cyres near Exeter where the Quicke family have farmed for over 450 years. Quickes produce award-winning traditional cloth bound Cheddar & Territorial cheeses to age old recipes using time honoured techniques and milk from the farms own herd.

Goats' Milk Cheese 200g & 1.5kg

Goat Cheddar ✓

Matured for 6 months the luxurious buttery flavour is rounded off with an almond nuttiness

Smoked Goat Cheddar ✓

Smoky taste, made with local goat's milk. Matured for six months, then cold-smoked with oak chips

Cows' Milk Cheese 250g & 1.5kg

Cheddar with Elderflower ✓

A fresh, creamy 3 month old cheddar with a flicker of real elderflower running through it & a long, lingering flavour

Extra Mature Cheddar

Matured for up to 21 months, this is a wonderfully rich, rounded cheddar, with a complex balance of flavours

Mature Cheddar

A complex, creamy cheddar, slowly aged to perfection for up to 15 months to develop its flavour

Oak Smoked Cheddar

Smoky taste followed by sublime creaminess. Smoked using oak chips from the farms own woodland

Vintage Cheddar

Matured for up to 2 years this is the oldest cheddar of its kind made in the UK. Handcrafted & cloth-bound





Rod and Ben's
ORGANIC SEASONAL FOODS

**A fresh range
of organic
soups**

DAIRY AND
GLUTEN FREE
OPTIONS

HONEST, TASTY AND PROUDLY ORGANIC



rodandbens.com
Instagram icon | Facebook icon | Twitter icon

Rod & Ben's

Whether you're looking for something to warm you up on a cold day, eat in a hurry or simply enhance a good meal, Rod and Ben's have something for you all. They source as many ingredients as they can from their home farm, the remainder coming from other organic farmers and growers who share their values. That's why the range is as honest, tasty and organic as they are.

Organic Soups

Subject to seasonal changes

Honey Glazed Root Veg Ve GF# DF#

Rustic Chicken Broth GF#

Spiced Lentil Ve GF#

Sweet Potato, Lentil & Turmeric Ve GF#

Tomato, Spinach & Kale Ve GF#

3 x 2kg





Tregida Smokehouse

Tregida are a family run business set in the North Cornwall countryside, offering smoked fish, meat and cheese from their smokehouse, as well as outstanding fresh fish and seafood caught along the Cornish coast. They have preserved the original smoking apparatus and techniques to produce an authentic, tasty and succulent end product.

Duck

Oak Smoked Duck Breast

One of their most popular products, hot smoked & ready to eat duck breast. Ideal for a single serve main course or starter for two
Ave. 170g

Mackerel

Smoked Local Mackerel Fillets

After brining the mackerel is hot smoked to create a strong traditional taste, ready to eat. Ideal for a single serve main course or starter for two
Ave. 200g

Smoked Scottish Salmon

D Sliced

Multi-award winning salmon. After being dry cured the salmon is smoked slowly for a minimum of 24 hours to give the renowned Tregida smoky flavour
100g, 200g & 6 x 100g

Trout

Smoked Cornish Trout Fillets

After brining the trout is hot oak smoked creating moist fillets, ready to eat. Ideal for a single serve main course or starter for two
Ave. 150 / 180g





Treveador Farm Dairy

Award-winning farmhouse cheeses from the Helford. Handmade by Alastair Rogers using pasteurised milk from his family herd of Holstein Friesian cows & vegetarian rennet.

Helford Blue

Full fat, soft, pale creamy blue cheese full of flavour with an edible blue rind. 200g & 1.1kg

Helford Sunrise

Washed in Helford Cider & topped with black pepper. A rich soft cheese with bold flavour. 200g & 1.1kg

Helford Camembert

Full fat, traditionally made camembert with an edible white rind encasing a rich creamy centre. 200g

Helford White

Soft cheese with a tangy flavour & pungent aroma. Washed in Helford cider to create a pink rind. 200g & 1.1kg



Whalesborough Farm Cheese

Hand made by Sue Proudfoot near Bude using pasteurised Cornish milk & vegetarian rennet. Sue first ventured into cheese making over 20 years ago using milk from the family's own cows. Today cows and goats milk are sourced from trusted local farms enabling Sue to devote all her time to her multi-award-winning range.

Miss Muffet

Sweet washed curd cheese with a supple texture & nutty, creamy flavour. The natural mould on the rind are unique to Whalesborough. 1.2kg truckle

Keltic Gold

Sticky & pungent washed rind with a creamy, smooth texture & round, full, sweet flavour. The rind is washed in local cider. 1.2kg truckle

Drinks Range A-Z

Refreshing summer juices, traditional ciders and celebratory sparkles, relaxing herbal teas, energising coffees or a cheeky afternoon tittle - drinks for everyone & every occasion.

Delivered 7 days a week subject to availability.

C

Colwith Farm Distillery	70, 71
Copperfish Distillery	71, 72
Cornish Moonshine Co.	22
Cornish Spring Water	72
Cornish Orchards	73, 74
Cornish Tea & Coffee Co.	75, 76

D

Dynamite Valley Brewery	76, 77
-------------------------	--------

F

Firebrand Brewing Co.	78, 79
Fowey Valley	79, 80

G

Gusto Organic Drinks	81, 82
----------------------	--------

H

High Point Drinks	83
-------------------	----

J

Jolly's Drinks	83, 84
----------------	--------

L

Lizard Ales	84
Luscombe Drinks	85

N

Navas Tonic	86
-------------	----

P

Pentire	87
Polgoon	88, 89

R

Rebelicious Drinks	90
--------------------	----

S

St Austell Brewery	90
--------------------	----

T

Tan Dowr Vodka	91
Touchwood Cider	91
Tregothnan Estate	92, 93

W

Westcountry Tea Co.	93, 94
Willies Cacao	50





Colwith Farm
DISTILLERY

Award winning 'plough to bottle' Cornish spirits, crafted from potatoes from our fifth generation family farm and powered by 100% renewable energy.



Multiple winners at The San Francisco World Spirits Awards for 'Best Vodka' & 'Best Gin'

www.colwithfarmdistillery.co.uk

Colwith Farm Distillery

Cornwall's first plough to bottle distillery, built on 5 generations of farming history, and powdered by 100% renewable electricity. Award-winning Spirits delicately produced from scratch using the farms own potatoes. Simple, Authentic, Sustainable.

Aval Dor Cornish Potato Vodka

6 x 70cl

Original 40% ABV

Soft & clean with sweet, creamy vanilla undertones

Madagascan Vanilla 40% ABV

Infused with fairtrade organic vanilla pods

Seaberry 40% ABV

Infused with local seaberries to produce exotic flavours



Emily Scott Citrus 40% ABV

Limited-edition soft, creamy vanilla & lemon sherbet tones

Rose Hibiscus 40% ABV

Infused with hand picked petals for a fragrant tippie



Colwith Farm Distillery

Aval Dor Gin

6 x 70cl

Original 42% ABV

The finest botanicals distilled into Aval Dor Vodka

Spiced 42% ABV

Infused with orange zest, cassia quills, nutmeg & clove buds



Dry 42% ABV

Perfect served neat on ice or paired with tonic water

Rhubarb & Ginger 42% ABV

Dry gin infused with fresh rhubarb & ginger root



Copperfish Distillery

Based on Buller Quay in the small Cornish coastal town and fishing port of Looe, Copperfish offer high quality tasting spirits and drinks made in small batches. Their range is produced using locally sourced ingredients where possible to create an authentic local product made entirely from scratch.

Copperfish Moonshine

A fine clear young spirit made with local corn, malted barley & wheat, tasting similar to an unaged "bourbon"

Original 40%

Gold Award TOTW 2022
6 x 70cl



Copperfish Distillery

Looe Gin

Made with Juniper, Coriander seed, Orange & Lemon peel, Cinnamon & Orris bark and Angelica root

Original Dry 40%

Raspberry 40% Silver TOTW 22

Kumquat 40% Gold TOTW 22

Navy Strength 57% 50cl Gold TOTW 22

6 x 70cl

Copper Fish Rum

Made with cane molasses which are fermented, pot distilled, oak cask aged, filtered & bottled in Looe.

Gold 40% Gold TOTW 2022

Spiced 40% Silver TOTW 2022

6 x 70cl



Cornish Natural Spring Water

Nestled on the edge of Bodmin Moor at Treboyn Farm where the water, from their protected natural spring, is bottled at source.

Coastal Spring Water

Plastic bottle range supporting the RNLI

Sparkling Screw Cap

Still Screw Cap

Still Sports Cap

24 x 500ml



Pure Blue Water

Glass Bottle range

Sparkling
Still

24 x 250ml

12 x 750ml



 <p>SICILIAN LEMONADE Zesty & uplifting</p> <p>Expertly blended using zesty Sicilian lemon juice for a burst of zingy refreshment. Gently sparkling.</p>	 <p>ENGLISH APPLE Refreshing & tangy</p> <p>Expertly blended using the finest English apple juice for a delightfully crisp refreshment. Gently sparkling.</p>
 <p>ELDER-FLOWER Floral & delicate</p> <p>Expertly blended using fragrant elderflower for a deliciously delicate refresher. Gently sparkling.</p>	 <p>APPLE AND RHUBARB Tart & refreshing</p> <p>Expertly blended using apple and rhubarb juice for a tasty, tart refresher. Gently sparkling.</p>

Expertly Blended

Using carefully crafted fruit infusions and simple production methods we aim to capture the essence of summer with our refreshing soft drinks. Expertly blended on our farm in Duloe, Cornwall. Best served chilled.
be drinkaware.co.uk

Available in 330ml cans

Single variety packs of 24 cans. If you are interested in stocking, please contact your sales manager or email us at apples@cornishorchards.co.uk



Cornish Orchards

Westnorth Manor Farm in Duloe is home to the county's largest collection of Cornish apple varieties, planted by Andy Atkinson. From humble beginnings juicing & blending apples for sale at local farmers markets, Cornish Orchards now boasts an award-winning range of juices and ciders to serve a wide variety of markets.

Sparkling Soft Drinks

Canned Drinks

24 x 330g
Natural flavours
hand-blended
with sparkling water

- Apple & Rhubarb
- Elderflower
- English Apple
- Sicilian Lemonade



Glass Bottles

24 x 250ml
Cranberry & Raspberry Sparkle
Fruity & refreshing with a delicate berry aroma, made from berries and spring water from the farm

Orange & Lemon Sparkle
Delightful, sparkling blend of orange & lemon juice with spring water from the farm



Cornish Orchards

Cider

Canned Drinks

Blush 4%

Cornish Gold 5%

24 x 330ml



Glass Bottles

Blush 4%

Gently sparkling cider with the fruity aroma of fresh raspberries & a crisp, dessert apple finish

12 x 500ml

Dry Cider 5%

A blend of traditional bittersweet & sharp dessert apples to give a long dry finish

12 x 500ml

Hedgerow 5%

Lightly sparkling, fruity cider bursting with flavours of Blackberry & Sloe Berry

12 x 500ml

Vintage 7.2%

Matured over the winter months, this medium dry & lightly sparkling cider is made from apples selected for their soft tannins & flavour

12 x 500ml

Cornish Gold 5%

Immensely refreshing cider with a light, champagne sparkle, fruity apple tones & a long dry finish

12 x 330ml & 12 x 500ml

Farmhouse Sparkling 5%

Scrumptious, premium farm cider. Rich in fruity aromas & ripe apple flavour

12 x 500ml

Pear 5%

Medium-dry cider with a soft sparkle, gentle pear tones & a crisp, dessert apple finish. Made with English Conference pears

12 x 500ml

Heritage 5%

Full bodied & gently sparkling cider with a ripe apple flavour. Made with a unique blend of English cider apples & traditional varieties

12 x 500ml





FIND YOUR FLAVOUR



Cornish Tea & Coffee Company

They started life as The Cornish Tea Company and as their tea was so popular they were asked to do some equally delicious coffee, so they became The Cornish Tea & Coffee Co Ltd. Based in Looe they offer several varieties of teas & coffee blended or roasted in Cornwall with options for both retail & foodservice.

Cornish Tea

Where it all started. The smugglers brew is a refreshing everyday black tea founded in 2012

Retail

Smugglers Brew

12 x 40's & 12 x 80's

Decaf Smugglers Brew

12 x 80's

Gift Set

Cornish Tea & Biscuits

x 8

Foodservice

Smugglers Brew

x 1100 bags
with Tag & Envelope
x 250 bags
with Tag on Top
x 100 bags



Cornish Tea & Coffee Company

Cornish Tea Fusion

Organic tea bursting with flavour

Strawberry
Lemon & Ginger
Red Berry
Green Tea
Cornish Breakfast
Earl Grey

6 x 15

Devon Tea

Discovery Brew

Blended tea for Devon water

12 x 80's

Cornish Hot Chocolate

Rich & Smooth, use with milk

2kg tub

Cornish Coffee

Retail

Freshly roasted ground coffee

The Original
Colombian Smooth
Delightful Decaf
Italian Style
Stupidly Strong

6 x 227g

Foodservice

Cornish Coffee Sticks
Cornish Decaf Sticks

500 sticks



Dynamite Valley Brewery

Dynamite Valley Brewery was conceived by two Cornish lads who were inspired by the various brew-pubs the pair had visited throughout the World. Even though their inspiration came from far away, their passion for beer and quality has been kept locally and involves the beer loving Cornish community as much as possible. From humble beginnings in a portacabin it steadily grew to a fully-fledged brewery, with public bar, located in Ponsanooth's Dynamite Valley.

To access the latest Plough to Plate price list visit
www.westcountry.co.uk/p2p-updates

Dynamite Valley Brewery

Canned Ales

Frog Hill 6% - Cornish IPA

Hopped with Simcoe & Mosaic to give a light, full flavoured, complex craft beer. Unfiltered to retain

Powder Works 4.5% - Cornish Pilsner

A light bodied Pale lager, crisp & refreshing with a hint of malt aroma, that's been light hopped. 12 x 440ml

Bottled Ales

Black Charge 5.0% - Oatmeal Stout

A smooth, creamy mouth feel, with a sweet finish & a well balanced malty body. Filtered. 12 x 500ml

Gold Rush 4.0% - Crisp Golden Ale

This classic & refreshing beer is very sessionable & has a smooth finish. Filtered 12 x 500ml

Pioneer 4.2% - Orange Wheat Beer

Crisp, light wheat beer, with a big orange kick & cloudy appearance. Bottled conditioned. 12 x 500ml

TNT IPA 4.8% - American Style IPA

Hop & pine notes on the nose, with a light amber hue & a peach & grapefruit taste. Filtered. 12 x 500ml

Viaduct 4.4% - Cornish Pale Ale

Dry-hopped with Citra & Mosaic to give a juicy, refreshing craft beer with a hint of citrus. Unfiltered 12 x 440ml



Brian 5.0% - Special Bitter

A well rounded, amber coloured ale, caramel & floral flavours with a sweet finish. Filtered. 12 x 500ml

Kennall Vale Pale 4.3% - Hopy Pale Ale

Fresh & easy drinking, this has lemon & peach flavours. Filtered. 12 x 500ml

Splann 6.2% - Cornish ESB

Ruby red single hopped with a rich sweetness & hoppy finish. Bottled conditioned. 12 x 500ml





Firebrand Brewing Company

Multi award-winning craft beer made in the wilds of North Cornwall. From humble roots, Firebrand Brewery has a passion for brewing great beers using all-natural ingredients and all are Vegan friendly.

Alcohol Free

Shorebreak 0.5%

Super smooth & light hazy pale with tons of tropical flavour

12 x 330ml

Lager

Helles Beach 4.4%

Fresh, crisp, clean & refreshing with subtle citrus flavours

12 x 330ml



Firebrand Brewing Company

Ales

An Howl PA 5.6%

A strong golden ale with unique orange, melon & citrus hop notes

12 x 440ml

Graffiti IPA 5%

Strong citrus, floral & tropical fruit tones with a satisfying bitter finish

12 x 330ml

Thundercloud NEIPA 5.5%

Juicy, hazy & full of hop aromas, refreshingly smooth & easy to drink

12 x 330ml

Beast of Bodmin RA 5%

Rich caramel & fruit aroma with a nutty malt flavour & bitter finish

12 x 440ml

Patchwork Rocket PA 4.2%

Fresh & resinous, full of pleasuring mango, citrus & pine flavours

12 x 330ml

West Coast Session IPA 4.5%

Refreshing tropical notes, easy drinking beer for any occasion, a fan favourite

12 x 330ml



Fowey Valley

The Fowey Valley Company craft a range of food and drinks made with fresh West Country apples from their own Cidery in Golant, near the town of Fowey.

Falstaff Apple Juice

Sweet, crisp & refreshing, hand picked Cornish apple juice

24 x 330ml



Cider Chutney

Packed with award winning cider, vinegar & juicy apples

12 x 285g



Fowey Valley

Cider

Castledore Cider 6.5%

Award winning, medium dry & lightly carbonated cider
12 x 330ml & 8 x 500ml

Vintage Sparkling Cider 7.5%

Award winning cider made with dessert apples for a delicious taste
6 x 750ml

Oak Aged Cider Spirit

1 year old 40%

Black cherry & sandalwood aromas with nuts, molasses, raisins, liquorice & pepper tones. 12 x 50ml

Olive Oil

Sicilian Extra Virgin

Aromas of citrus fruits & pepper. It is lightly spicy, fruity & light.
6 x 750ml & 12 x 250ml

Spirits

Eau de Vie 40%

Apple notes with hints of cherry brandy, apricot & chocolate
6 x 500ml

Foy Gin 40%

Award winning aromatic gin with citrus notes & fragrant spice
6 x 500ml & 12 x 50ml

Fowey Vodka 40%

Smooth & silky with hints of vanilla, caramel & fennel
6 x 500ml & 12 x 50ml

Vinegar

Apple Cider Vinegar

Made with their Vintage Cider which is aged for three years
6 x 750ml & 12 x 250ml





GROWN-UP SOFT DRINKS

& EXQUISITE MIXERS



FAIRTRADE • ORGANIC • REFINED SUGAR-FREE
VEGAN • LESS THAN 100 CALORIES • PRODUCED IN SOUTH WEST



@gustoorganic



@gustoorganic



www.drinkgusto.com



Gusto Organic Drinks

Organic, Fairtrade and refined sugar-free premium soft drinks made in Devon. A delicious and popular range with a unique Gusto twist, produced with lightly carbonated spring water from the surrounding Exmoor hills, combined with the finest plant-based ingredients to deliver exceptional and complex flavours bursting with botanicals. This range is free from artificial sweeteners and preservatives, suitable for Vegans and Gluten Free.

Real Cola Ve GF#

Original

The first organic certified cola produced in the UK, under 100 calories. 12 x 275ml

Naturally Slim

The low-calorie partner to Real Cola, only 55 calories per bottle. 12 x 275ml

Cherry

The World's first organic certified Real Cherry Cola, unique & tantalising. 12 x 275ml

Fiery Ginger with Chipotle Ve GF#

Complex, decidedly grown-up, sweet, hot, zingy & dry. A superb mixer. 12 x 275ml

Sicilian Blood Orange Ve GF#

A lip-smacking celebration of incredible sunshine citrus. 12 x 275ml

Sicilian Lemon with Yuzu Ve GF#

A light, complex, lemonade with a hit of yuzu magic, the Gusto way. 12 x 275ml





High Point Drinks

Premium fermented non-alcoholic spirits produced in Cornwall. From fermenting to perfecting the balanced flavour profiles with raw natural ingredients, every bottle is a month in the making. Created for fine food, great company and moments that matter.

Ruby Aperitif

Bright, refreshing, with bursts of Grapefruit & Bittersweet floral notes. 24 x 330ml



Amber Digestif

Rich, smoky with bright acidity & a smooth mouthfeel. 24 x 200ml



Jolly's Drinks

Quenching thirst the Cornish way. First blended in 1896, Jolly's is Cornwall's original soft drinks company. Over time they have crafted delicious heritage family recipes to produce good honest drinks with real ingredients and no hidden nasties.

Spring Water

Still
Sparkling

Refreshing Cornish spring water in a can
24 x 330ml



Tonic Water

Premium
Light

Cornish spring water with a sweet & well rounded flavour
24 x 200ml



Jolly's Drinks

Soft Drinks 24 x 250ml

Cornish Cola

A blend of secret herbs & spices infused with Cornish spring water

Pink Lemonade

Made with Cornish spring water & a hint of Cornish Strawberries

Sparkling Elderflower

Bubbly & subtle with light fruity & floral notes perfectly balanced

Ginger Beer

A blend of ginger & spices infused with Cornish spring water & chillies

Sparkling Apple

Crisp & refreshing, made with Cornish spring water & sweet apple juice



Lizard Ales

A Cornish craft brewery based in Coverack on the beautiful Lizard Peninsula. Lizard ales are brewed by Mark and Geoff Natrass in the Old Nuclear Bunker, in what was formerly RAF Treleaver.

An Gof 5.2%

A strong ale, full of body with rich smoky flavours. 12 x 500ml



Frenchmans Creek 4.8%

A pale ale with lashings of fruity hops. 12 x 500ml



Kernow Gold 3.7%

A light golden ale with fruity flavour & a floral aroma. 12 x 500ml



Lizard Bitter 4.2%

A smooth beer with rich malt & mixed hops. 12 x 500ml





Luscombe Organic Drinks

Gabriel Davids' family-owned business has been making beautiful drinks in deepest Devon since 1975. All Luscombe drinks are crafted with exceptional care and integrity. Organic ingredients are sourced direct from growers Gabriel knows & trusts. There are no compromises and with 58 Great Taste Awards to date you can be sure that only the best goes in the bottle.

Bubblies

Wild Elderflower

Handpicked English elderflower & gentle sparkle. 24 x 27cl

Crushes

Raspberry

Raspberries, spring water & Madagascan vanilla. 24 x 27cl

Pure Juices

Apple

Sweet juice made with English apples. 24 x 24cl

Orange

An equatorial grown sweet orange juice. 24 x 24cl

Traditional

Cool Ginger Beer

A complex taste of fresh ginger with a subtle warmth. 24 x 27cl

Hot Ginger Beer

Fresh ginger, Sicilian lemon juice, cane sugar & spring water. 24 x 27cl

Sicilian Lemonade

Still lemonade with sharp lemons & Madagascan vanilla. 24 x 27cl





Navas Mixers

A range of quality mixer drinks made using Cornish spring water and natural ingredients. Crafted with the aim of enhancing, not overpowering, the beautiful flavour profiles in the spirits we love.

Ginger Ale

Aromatic and warming spices of three Nigerian gingers and Tahitian lime
24 x 20cl

Ginger Beer

Vibrant and fresh ginger, blended with Cornish Apple Juice and Tahitian lime
24 x 20cl

Soda Water

Refreshing Cornish Spring Soda Water with excellent mineral quality
24 x 20cl

Tonic Water

Garden

Aromas of pine, wood and sweet notes from rosemary and thyme with citrus tones
24 x 20cl

Premium

Floral neroli and aromatic bergamot, blended with quinine and cinchona bark
24 x 20cl

Light

Crisp and dry with layers of citrus, floral neroli and aromatic bergamot
24 x 20cl



NATURALLY DISTILLED COASTAL BOTANICALS

Crafted for active living.

**VEGAN
PLANT-BASED
NON-ALCOHOLIC**

No.01

ADRIFT

Coastal, Herbaceous, Fresh.

TO UNWIND

No.02

SEAWARD

Bright, Zesty, Verdant.

TO INVIGORATE



Pentire

Pentire is a celebration of unique plant life that grows on the surrounding headland in North Cornwall. Through research and experimentation with local botanists, distillers and brewers they create non-alcoholic spirits from naturally distilled coastal botanicals.

Botanical Non-Alcoholic Spirits

6 x 20cl & 6 x 70cl

Adrift

Crisp, Herbaceous and Fresh. Notes of citrus, coupled with Sage, Rock Samphire and Sea Salt for a round herbal finish.



Seaward

Bright, zesty and verdant. Grapefruit citrus top notes blended with natural berry from harvested sea buckthorn and wild seaweed.



Gift Sets

6 x 20cl

Adrift with Tonic

Pentire Adrift 20cl & Tonic Gift Box



Adrift & Seaward

Pentire Adrift 20cl & Pentire Seaward 20cl Gift Box





Polgoon

Polgoon is a multi-award-winning vineyard and orchard based in Penzance, famous around Cornwall and beyond for producing an artisan range of wines, cider and juices. Their ethos is to produce premium quality Cornish products using traditional methods. For them, it's all about the fruit.

Ciders

12 x 500ml

Apple Cider 5%

Lightly sparkling Cornish apple cider; clean & crisp

Berry Cider 4%

Dark red berry fruit cider; crisp & refreshing summer fruits

Elderflower Cider 4%

Popular apple cider infused with elderflower

Mulled Drinks

6 x 750ml

Mulled Cider 4%

Cornish Cider mulled with fruits & aromatic spices

Mulled Wine 4%

Cornish red wine mulled with fruits & aromatic spices



Polgoon

Soft Drinks

24 x 250ml & 6 x 750ml

Apple Juice

A naturally cloudy, fresh pressed Cornish apple juice. Crisp, well balanced.

Elderflower Presse

A lightly sparkling crisp & refreshing, cool summer drink with a hint of zesty lime.

Lemonade

Made with fresh pressed Sicilian lemon juice for a deliciously tangy taste.



Sparkling Wines

6 x 750ml

Pinot Noir Rose 12% ^{Ve}🍷

Zesty citrus & toasted crumb on the nose. A delicate palate with hints of tangerine, honey & spice

Seyval White 12% ^{Ve}🍷

Green pear on the nose with delicate citrus notes & good balanced acidity. Single variety & single estate

Still Wines

6 x 750ml

Pinot Noir Rose 11%

Fruity with fresh aromas of summer berries, wild strawberries, raspberries & red cherries

Rondo Rose 11% ^{Ve}🍷

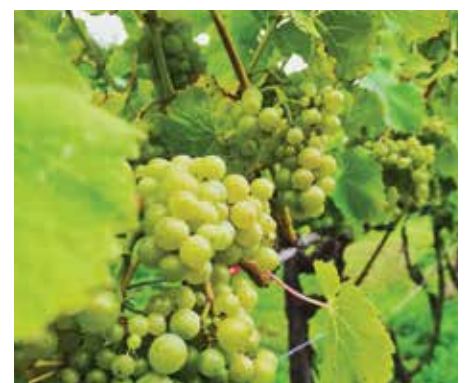
Medium dry with a vibrant pink colour. Fresh Cornish strawberries on the nose & a palate of summer berries

Seyval Ortega White 11% ^{Ve}🍷

The blend is lightly oaked to enhance the butterscotch complexity of white peach & grape flavours

Strawberry Wine 10.5% ^{Ve}🍷

Fruity wine produced in collaboration with Boddington's Berries & their tasty Cornish Strawberries





Rebelicious Drinks

A nostalgic soft drink duo with 15mg (full spectrum) CBD. CBD is not addictive and is said to help reduce stress hormones, treat insomnia, anxiety, seizures inflammation and chronic pain with regular use. Truro based Rebelicious are committed to using ethically sourced, natural ingredients and sustainable packaging with 1% of profits going to SAS.



Pink Lemonade

Lightly sparkling lemonade with with 15mg CBD & raspberry extract

Real Cola

Lightly sparkling cola infused with 15mg CBD & real Kola nut.

Real Cream Soda

Lightly sparkling soda sweetened with stevia & vanilla with 15mg CBD

12 x 330ml



St Austell Brewery

From humble beginnings in 1851 the vision of a young Cornishman called Walter Hicks has evolved to become one of the largest private companies in Cornwall with a fine range of traditional cask ales produced in St Austell.



Korev 4.8%

Cornish larger wonderful pale in colour with a clean, crisp taste

Proper Job 5.5%

A hopped golden bitter ale with citrus grapefruit flavours

Tribute 4.2%

Zesty & fresh pale ale with orange & grapefruit notes

12 x 500ml



Tan Dwr Vodka

With our homeland as the ultimate inspiration, Tan Dwr was destined to encompass the very elements that define Cornwall. Having grown up by the coast, with salt in the air and being surrounded by a plethora of craft Cornish products Tan Dwr were inspired to create something of their own which encompasses us and our county.



Sea Salt Vodka

12 x 5cl & 6 x 700ml

Cocktail Kits

Set of 4
Includes 1 5cl Tan Dwr Vodka, 1 recipe card & 1 cocktail booklet

- The Cornish Mule**
- The Cornish Crumble**
- The Cornish Garden**
- The Cornish Hedgerow**



Touchwood Cider

Created as a result of a long-term project to reinstate apple growing to Cornwall, Touchwood cider is a small family run business passionate about producing a fine quality drink. Made with 100% apple juice and organic principles, the juice is naturally fermented and matured on their farm in Mithian, on the North coast of Cornwall.



Sparkling Cider

Bright, lightly sparkling medium sweet cider

12 x 500g 5% ABV

Tregothnan

DISCOVER THE TEA GROWN IN CORNWALL

Tregothnan in Cornwall has pioneered botanical firsts since 1334 and has been selling Britain's first UK grown tea since 2005. Tregothnan continues to innovate, inspired by the plants grown in the historic botanical gardens.

The collection of eleven hand crafted, home-grown teas and infusions span black, green and herbal varieties. Tregothnan loose teas, tea bags and pyramids are 100% plastic free and fully compostable.
Available in retail and larger hospitality packs.

+44 (0) 1872 520000 | enquiries@tregothnan.co.uk | www.tregothnan.co.uk |    @tregothnan

Tregothnan Estate

Putting the English into English tea for the first time in history. Situated on the edge of the beautiful Fal river the Tregothnan estate is home to the Boscawen family who pioneered the UK's first tea garden. The extensive range of flavours combined with the unique Tregothnan brand offers a truly exceptional cup of English tea.

Enveloped Teabags

25 Sachet Box

Afternoon
Classic
Chamomile
Earl Grey
English Breakfast
Great British
Green
Lemon Verbena
Peppermint

100 Foiled Sachets

Chamomile
Classic
Earl Grey
English Breakfast
Great British
Green
Lemon Verbena
Peppermint

100 Unfoiled Bags

Classic



Tregothnan Estate

Loose Leaf Tea

Delicious teas and infusions in their most natural and sublime form. Take your time and enjoy the ceremony of brewing your favourite cup of tea.

14 Servings Box

Afternoon
Chamomile
Classic
Earl Grey

English Breakfast
Great British
Green
Manuka

250g Loose Peppermint



Westcountry Tea Company

Blended and packed in Newquay, Cornwall the multi award-winning Westcountry Tea Company range is 100% plastic free, compostable & biodegradable. Teabags are made from Corn Starch and their wrap from Tree Cellulose (Natureflex).



Westcountry Tea Company

Time Out Tea

Loose leaf quality
tea in a bag 6 x 20

* Foodservice
options available
x 100 bags
(no string & tag)

All Day Tea
Camomile & Elderflower *
Cornish Breakfast *
Decaf *
Earl Grey *
Lemon Verbena
Lemongrass & Ginger

Masala Chai
Moroccan Mint
Nettle & Rose
Peppermint *
Peppermint, Sage & Thyme
Rooibos *
Sencha Green *



Terms & Conditions

1. Whilst every effort has been made to ensure the information contained within this brochure is accurate some errors and omissions may occur. Product information including pack sizes, weights and packaging is subject to change, therefore, this brochure is intended to be used as a guide only.
2. All goods are offered subject to availability.
3. Prices quoted are strictly net & are subject to change without notice. However, Plough to Plate will endeavour to inform customers in advance of any changes where possible. All orders are accepted on the understanding that goods will be charged at prices current at the time of delivery.
4. All claims for shortages or damage must be notified within 24 hours of delivery. Plough to Plate reserve the right to refuse claims made after this period. Damaged/defective goods must be returned.
5. Return of unwanted goods is by prior agreement only and strictly on the condition that items are returned undamaged & in the producers' original packaging.
6. Risk in the goods will pass to the buyer on delivery. However, title to goods remains the property of Plough to Plate until any sum owing to the Company is paid in full.
7. Goods purchased on account must be paid for in accordance with agreed credit terms. Bacs payments should be made to Westcountry Fruit Sales Ltd, Barclays Banks Plc sort code 20-88-44 a/c no 80303208. Plough to Plate reserve the right to charge interest at a rate of 2.5% on overdue accounts. Orders received from overdue accounts may be held without reference to the customer.
8. Goods purchased without an account must be paid for prior to delivery by card or bank transfer.



WestCountry

A PASSION FOR FOOD

The Westcountry's oldest and largest independent specialist wholesaler of fresh produce, dry stores and local artisan products. Established in 1856, the business has a proud reputation for delivering excellence. We grow, source and curate the widest range of inspiring products...



WestCountry Fruit Sales is the beating heart of the WestCountry group. The business that started it all has continued to thrive sourcing the finest fresh produce from the South West and beyond. We are committed to growing, sourcing and curating the widest range of innovative and inspiring fresh produce. With our unique delivery service, we will look after you so you can concentrate on your business.



The Essential Food Co. provides a full range of chilled and dried foods along with all the necessary kitchen essentials. We provide access to all the leading food service brands at competitive prices and provide our customers with a unique, seven days a week, delivery service across this entire range.

Plough to Plate

Driven by a passion for unearthing the most interesting and innovative food and drink products, Plough to Plate represents our curated range of specialist, locally produced fine foods. Hand crafted ranges from artisan bread and craft beers, through to locally produced charcuterie, chocolate and confectionary. This range of over 1000 products reflects all that is special and unique to our region.

SPECIALITY BREADS



PUTTING *the* ART
into ARTISAN

*Contact your account
manager for samples*





Hobbs House Bakery Frozen Products



Ultimate Burger Bun

We believe that this 100% vegan friendly bun is the best bun for any burger. The Ultimate Burger Bun holds its form.

GL, SO

Box of 72 (72g)



Brioche Roll

A beautiful, delicious and authentic all butter brioche. These handmade rolls have been slowly risen for 22 hours for great flavour and texture.

GL, EG, MI, SO

Box of 36 (75g)



Everyday Harvest

A malted wheat loaf, known for its distinctive nutty taste. Soaked kibbled and flaked wheat with malt extract makes this loaf an ideal sandwich loaf. Sliced (14+2)

GL

Box of 15 (800g)



Everyday White

A great white loaf for everyday use. A traditional British tin loaf, baked with a flat top to give a consistent sandwich. Sliced (14+2)

GL

Box of 15 (800g)



St Martin Sourdough

A true sourdough, with a delicious chewy texture and flavoursome crust. Handmade with our 66-year-old sourdough starter. 1.25kg - also available sliced.

GL

Box of 9 (1.25kg)



Harvest Bloomer

A malted wheat loaf, hand moulded & cut by our skilled bakers. Soaked kibbled and flaked wheat with malt extract known for its nutty taste.

GL

Box of 9 Large (800g)



White Bloomer

A traditional white bloomer. Made with our white dough, hand moulded and cut by our skilled bakers.

GL

Box of 8 Large (800g)

Allergens Key:

GL Contains Gluten

SO Contains Soya

SU Contains Sulphites

MI Contains Milk

EG Contains Egg

NU Contains Nuts

OA Contains Oats

Supporting You

We offer a wide range of informative and impactful POS to support your sales, such as shelf talkers, branded waxed bags, posters and more.

We are more than happy to supply samples of our products to help you make the right choice for your offering.



WestCountry

A PASSION FOR FOOD

Falmouth

The Distribution Centre, Higher Argal,
Budock, Falmouth, Cornwall, TR11 5PE
Tel: 01326 372 304

St Austell

St Austell Bay Business Park,
Par Moor Road, St Austell, PL25 3RF
Tel: 01726 817 666

Devon

Unit 8A, Silverhills Road, Decoy Industrial Estate,
Newton Abbot, TQ12 5ND
Tel: 01626 830 881



Plough
to Plate